

# Coaching **or** Mentoring: Which student support program fits you best?



## MENTOR

## ACADEMIC PLANNING COACH



College service  
End of year celebration

**BENEFIT TO YOU**

College service:  
Structured academic advising

You are assigned one student  
Meet with the student three times  
per semester  
Receive annual training  
Track the student's progress  
Collaborate with the coordinator of  
programs for new students

**YOUR  
COMMITMENT**

You are assigned 4-5 students  
Meet with each student twice  
per semester  
Train each semester  
Track the student's progress  
Collaborate with academic planning  
consultant/advisor

Cultivating a professional  
mentoring relationship with a  
faculty/staff mentor

**EMPHASIS**

Academic/Career planning and  
successful degree completion  
with a faculty coach

Leadership exploration  
Personal/professional development  
Student goal-setting  
Success strategies and resources

**TOPICS COVERED**

Registration and course planning  
Academic goals and challenges  
Graduation and transfer planning  
Success strategies and resources

Mentor Sign-Up: contact  
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**CHOOSE ONE OR  
DO BOTH!**

Coach Sign-Up: contact  
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