



Summer 2025 Schedule



www.collin.edu/sail



sail@collin.edu



972-985-3788/3789

Contact the SAIL office to get registered!

***SAIL offices temporarily at:**

Frisco Campus
9400 Wade Blvd, Heritage Bldg Ste.H148
Frisco, TX 75035

SAIL is an educational program operated by and for individuals 55 years of age or better under the sponsorship of Collin College Continuing Education.



Welcome to SUMMER 2025!

If you are new to SAIL, we extend a warm welcome and if you are a returning SAIL member, we are so excited to have you back! Summer is a great time to relax, kick back and continue learning.

If you took fall or spring classes, you know that Courtyard Center is under construction, and we branched out to take classes at other Collin College campuses. The response from faculty and staff at all the campuses has been so positive seeing SAIL students walking through the halls! If you don't know it yet, you are role models for learning!! Renovations at Courtyard Center are expected to be completed Fall 2025 with SAIL classes returning.

We have a great summer schedule for you. Students can choose unlimited on campus courses and unlimited online courses in the month of June for \$25.00.

Every fall, spring, and summer semester brings all new content to challenge, discuss and stimulate your brain. It's also a great way to socialize, meet new friends and share your love of learning!

If you have **registered** for an online class, a link to the online learning session will be emailed to you a few days before the class begins. Be sure to save the link where you can easily find it, as most links will be recurring for that course.

SAIL (Scholars Active in Learning) launched its first semester under the sponsorship of Collin College in Fall 1996 and has been serving our community of lifelong learners ever since. Collin College recently reached a milestone on April 6, celebrating the 40th anniversary of providing four decades of educational excellence to students!

Did you know that anyone that meets the age requirement can take SAIL online classes from anywhere in the world? Be sure to share the summer schedule with your friends and family.

It is our SAIL students, instructors and guest speakers that make this amazing program what it is today. We thank each one of you for "sailing" with us.

Enjoy your classes this summer and feel free to contact the SAIL office with any questions at **972-985-3788 or email sail@collin.edu.**

Sherry J. Scamardo
SAIL Program Director





SAIL SUMMER 2025 REGISTRATION INFORMATION

Need assistance with your registration? We are only a phone call or email away!

Contact us and we will get you registered!

Membership Cost for Summer	\$25.00
Number of Courses I Can Take	Unlimited
When Does Registration Begin?	May 19 (Monday)
When are summer classes held?	June 1 – June 30

Registration Options

1. Call the SAIL office at 972.985.3788 or email, sail@collin.edu

2. Register and pay online, www.collin.edu/sail

*Click the link that says “REGISTER HERE” to be directed to <https://mylearning.collin.edu/>

If this is your first time registering, you will need to set up a username and password.

Follow the prompts. If you have previously registered, but are not sure of your username and password, contact the SAIL office

We accept VISA, MasterCard, and Discover

3. Come in person to the Frisco Campus (Heritage Hall H148D)

Call the SAIL office to set up a time and get directions. 972.985.3788

Collin College Frisco Campus 9700 Wade Blvd., Frisco, TX 75035 <https://www.collin.edu/campuses/frisco/>

4. **Email:** Email your course list and we will contact you for payment.

sail@collin.edu 972.985.3788/3789

We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.

SAIL classes are not eligible for the Texas resident 65 and older tuition exemption. Please note that once the semester starts, there are no refunds on SAIL membership costs.

CHEC-Collin Higher Education Ctr FR-Frisco Campus Plano-Plano Campus TEC-Technical Campus OL-Online Course

SUMMER REGISTRATION SHEET (BY DAY)

SUBJ CODE	TITLE	CAMPUS	DAY	BEGIN DATE	END DATE	START TIME	END TIME	SESS
ART 01SU25 OL	Sketch and Explore: Discover the Joy of Drawing and Explore Your Creativity	OL	Mon	6/2	6/23	1:30	3:00	4
FTK 01SU25	A Taste of France! (Bring a Friend)	Frisco	Mon	6/2	6/16	2:00	3:00	3
STW 06SU25 OL	Geologic History: Blue & White Marble Planet and its Partners	OL	Mon	6/2	6/23	11:00	12:30	4
HIST 04SU25 OL	5,000 Schoolhouses - How Rosenwald and Washington Changed America	OL	Mon	6/16	6/16	10:00	11:30	1
STW 05SU25 OL	Enrico Fermi and the Dawn of the Atomic Age	OL	Mon	6/16	6/16	1:30	3:00	1
FTK 04SU25	Decluttering for Seniors: Create a Calm and Organized Space	OL	Mon	6/30	6/30	11:00	12:30	1
HIST 03SU25 OL	Organized Crime in the United States: The Depression Years	OL	Tue	6/3	6/17	10:00	11:30	3
LMW 01SU25	Great Russian Short Stories Discussion Group	Plano	Tue	6/3	6/10	11:00	12:30	2
LMW 03SU25 OL	International Short Story Time	OL	Tue	6/3	6/24	2:00	3:30	4
DISC 01SU25	How to Avoid Overpaying Taxes in Retirement	Frisco	Wed	6/4	6/11	1:30	2:30	2
FTK 03SU25	Road Trip Planning	CHEC	Wed	6/4	6/11	10:00	11:30	2
LMW 04SU25	Love of Musicals VII	Plano	Wed	6/4	6/18	10:30	12:00	3
GS 01SU25 OL	The Varieties of Spiritual Experience	OL	Wed	6/11	6/11	11:00	12:30	1
STW 04SU25 OL	Activating Our Heart Center	OL	Wed	6/18	6/18	11:00	12:15	1
FTK 02SU25	How to Thrift Like a Pro	Tec	Thur	6/5	6/12	1:00	2:30	2
HIST 02SU25	"Lesser" Stories of American History: Texas and <i>Giant</i>	Frisco	Thur	6/5	6/26	11:00	12:30	4
LMW 02SU25 OL	Great Russian Short Stories Discussion Group	OL	Thur	6/5	6/12	11:00	12:00	2
STW 01SU25	Apple iPhone/iPad Updates	Tec	Thur	6/12	6/12	1:30	3:00	1
STW 02SU25	Windows 11 Must Know Skills and Shortcuts	TEC	Thur	6/19	6/19	1:30	3:00	1
STW 03SU25 OL	Game On! Strengthening Your Mind with Play	OL	Thur	6/26	6/26	1:30	3:00	1
HIST 01SU25 OL	America and World War I (Online)	OL	Fri	6/6	6/20	10:30	11:30	3
DISC 02SU25	The World Order and the New Administration	Plano	Wed	6/25	6/25	1:00	2:00	1

Name _____ Address _____ City _____

Zip Code _____ Contact # _____ Emergency Contact # _____

Email _____ REGISTRATION # _____

Payment: Check# _____ Cash _____ Credit Card _____ Exp. _____ CVS _____

ART

ART 01SU25 OL – Sketch and Explore: Discover the Joy of Drawing and Explore Your Creativity (ONLINE)

Unlock your creative potential this summer with our immersive online drawing course designed for students of all skill levels. Whether you're a complete beginner or an experienced artist looking to refine your technique, this course offers a relaxed and supportive environment where you can explore the fundamentals of drawing, experiment with new styles, and develop your artistic voice.

In this four-week class you will learn:

- Introduction to Drawing Basics
- Exploring Different Mediums
- Creative Composition
- Still Life

***Supplies: Sketchbook, set of drawing pencils, eraser and smudge stick**

Mon. 6/2-6/23

1:30-3 pm

ONLINE (Link will be emailed to you)

Instructor: Rani Verma

Sessions: 4

Rani Verma is a professional artist renowned for her passion in both creating and imparting artistic knowledge. As the founder of her own studio, Rani has dedicated herself to nurturing the creative spirits of both children and adults. Her interests extend to all mediums of art: oil, watercolor, acrylics, and charcoal.



DISCUSSION

DISC 01SU25 – How to Avoid Overpaying Taxes in Retirement

The problem is simple; most people pay more taxes in retirement than is necessary. Because retirees, and those preparing to retire don't understand the complicated role of taxes in retirement, they could end up stumbling into horrific and costly mistakes.

This course is designed to give you, the learner, a guide through some of the “tax traps and opportunities” that retirees face through the four stages of retirement.

Wed. 6/4 & 6/11 1:30-2:30 pm Campus: Frisco Room H225

Instructor: Joe Dowdall

Sessions: 2

*Collin College Frisco Campus 9700 Wade Blvd., Frisco, TX 75035 <https://www.collin.edu/campuses/frisco/>

Joe Dowdall, MBA has worked in the financial services industry for over 18 years and has spent the last 14 years as a financial planner in North Texas. He earned his bachelor's degree from the State University of New York and his M.B.A. in Finance from Saint Joseph's Haub School of Business. Joe is a certified Financial Planner (CFP®), Chartered Retirement Plan Consultant (CRPC) and a Retirement Income Certified Professional (RICP).

DISC 02SU25 – The World Order and the New Administration

This lecture examines the evolving landscape of the international order, as the framework the United States helped build after World War II appears to be undergoing deconstruction under the current U.S. administration. We will explore potential scenarios for the future of global developments, analyzing how shifting power dynamics and policy changes may reshape the world order in the years ahead.

Wed. 6/25 1-2 pm Campus: Plano Room BB107

Instructor: Dr. Lishan Desta

Sessions: 1

*Collin College Plano Campus: 2800 E. Spring Creek Pkwy, Plano <https://www.collin.edu/campuses/plano/planocampusmaps.pdf>

Lishan Desta, Ph.D., earned a doctorate in political science from the University of Texas Dallas. He is a full-time faculty at Collin Colleges McKinney Campus teaching Economics. He has lived on three continents and teaches from his varied background in history, culture and world affairs.



FUN TO KNOW

FTK 01SU25 - A Taste of France - (Bring a Friend!)

Join me on a tour of my country this summer! I will tell you everything about French history, geography, culture, gastronomy, traditions and a bit of French language to season the whole thing!

Fasten your seat belt! *On se voit cet été*

Mon. 6/2-6/16 2-3 pm Campus: Frisco Room H225

Instructor: Christine Poquet (new instructor)

Sessions: 3



*Collin College Frisco Campus 9700 Wade Blvd., Frisco, TX 75035 <https://www.collin.edu/campuses/frisco/>

Christine Poquet is retired from French National Education after 38 years as an English certified teacher. She has worked most of her career in international schools abroad, in Morocco, in the U.S. and in Peru. She has been teaching French at Collin College since 2015. As a linguist she teaches five skills: speaking, listening, interacting, reading and writing. She is passionate about helping students improve their French!

FTK 02SU25 – How to Thrift Like a Pro

The thrift sisters want to make you a thrift pro! If you're someone who loves a good deal, the "thrill of the kill" shopping experience, and enjoys the comradery, join us for these fun-filled sessions. Thrift stores are part of a \$14.4 billion industry. They are populated by people of all ages and both genders. Who knows? With your thrift pro training, you may be like the antique dealer in Austin who found the bust of a Roman soldier in her local Goodwill. She purchased it for \$35.00 and when the bust was authenticated, it was estimated to be well over several hundred thousand dollars.

Even if you don't find such a valuable antiquity, we are pretty sure some great finds are in your future!

Thur. 6/5 & 6/12 1-2:30 pm Campus: TEC Room A017

Instructors: Diane Novembrino and Carol Wertheimer

Sessions: 2

*Collin College Technical Campus 2550 Bending Branch Way, Allen, TX <https://www.collin.edu/campuses/technical/>

Diane Laino Novembrino, B.A. in English, M.Ed. in Reading, K-adult, certifications in Human Resources and Training. Diane has held HR, Training and Marketing positions in several retail companies. Currently, she has joined the growing and very popular thrift shopping trend. She and her "thrifting sister", Carol, want to share their experience and enthusiasm for this trend with you! So, join us and let's go thrifting.

Carol Herman Wertheimer is a long-term thrifter and bargain hunter with experience in both wholesale & retail fashion. She loves the hunt as much as adding to her wardrobe. Her YouTube channel, *Fashionista At 80*, encourages women of a certain age to present themselves in a positive way, without spending a ton of money, so that they can be seen and heard. Thrifting can be a wonderful distraction filled with laughter & fun. I am so happy to share my passion for fashion with all of you. I also thrift for home decor, vintage & collectibles.

FTK 03SU25 - Road trip Planning

Are you the trip planner for your family or group of friends? Do you like to reminisce about past places you have visited? Let's take a ride around a few different map websites in the computer lab, map apps for Android devices, and other travel sites that are helpful in planning a future trip or taking a virtual walk down memory lane.

Wed. 6/4 & 6/11 10-11:30 am Campus: CHEC Room 109 (computer lab)

Instructor: Lisa Evans-Reagan

Sessions: 2

*Collin Higher Education Center (CHEC) 3451 TX-399 Spur, McKinney, TX 75069 <https://www.collin.edu/campuses/chec/>

Lisa Evans-Reagan loves to travel the open road as well as learn new things and share her knowledge. Her love of travel started while competing at track meets across the U.S. from Junior High through college at TCU. It was an opportunity to see new towns, meet new people, and share the experience with her family and team mates. These days, she and her hubby like visiting the beach, mountains, historic sites, places featured on HGTV and the Food Network, as well as taking scenic routes.



FUN TO KNOW (CONT.)

FTK 04SU25 - Decluttering for Seniors: Create a Calm and Organized Space (ONLINE)

Join us for an engaging and interactive workshop designed specifically for senior citizens who want to declutter their living environments. This class will guide participants through the process of simplifying their spaces, enhancing their quality of life, and creating an organized atmosphere conducive to relaxation and enjoyment.

Course Objectives:

- Understand the benefits of decluttering for mental and physical well-being.
- Learn practical strategies for sorting, organizing, and letting go of possessions.
- Discover effective storage solutions and organizational tools that suit senior needs.
- Develop personalized decluttering plans tailored to individual living spaces.

This workshop is ideal for senior citizens looking to reclaim their space and make positive changes in their homes. No prior experience in decluttering is required-just a willingness to learn and participate. Join us to embark on a journey towards a more peaceful and organized living environment!

Mon. 6/30 11am-12:30pm **ONLINE (Link will be emailed to you)**

Instructor: Kira Rodenbush

Sessions: 1

Kira Rodenbush is a home and health consultant who helps clients get real about their stuff, their habits, and how to create a routine that brings results. With 26+ years as a professional home organizer and 20 years as a massage therapist, Kira discusses the overlap between our bodies and our belongs on her podcast, *"What's Up with Your Stuff? Conversations on the Consequences of clutter."*



GUEST SPEAKER

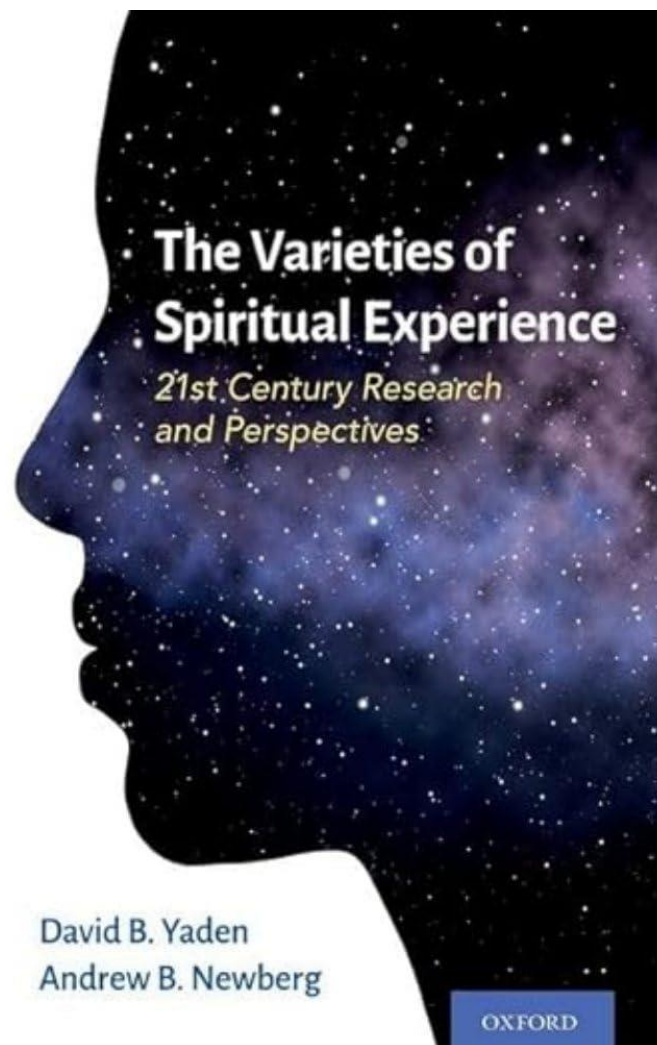
GS 01SU25 OL – The Varieties of Spiritual Experience (ONLINE)

Mr. Dolliver will summarize a book by scientists David Yaden and Andrew Newberg, published in 2022 by Oxford Press: *The Varieties of Spiritual Experience: 21st Century Research and Perspectives*. The title is resonant of the 1902 work by psychologist and philosopher William James: *The Varieties of Religious Experience: A Study in Human Nature*. James famously analyzed accounts of spiritual experiences from around the world and across history. He also posed these questions for future scientific study: What triggers these experiences? How are the brain and body affected? How do such brief moments have such lasting effects? Science now offers some answers, thanks to advances in psychology and neuroscience.

Wed. 6/11 11am–12:30pm **ONLINE (Link will be emailed to you)**

Guest Speaker: Paul Dolliver

Paul Dolliver earned degrees in History and Geology from Baylor University. He also pursued graduate studies in the History of Science at Harvard University. He is a geologist, reader, walker, and Texas Master Naturalist. Paul has been involved with SAIL for several years and has facilitated discussion groups for over 35 years. He teaches Oceanography at Collin College.



HISTORY

HIST 01SU25 OL – America and World War I (ONLINE)

This course will examine America's involvement in World War I in three parts. First, we will take a look at how America viewed the great war as it started and got rolling in Europe. Second, we will take a look at how America found itself pulled into the conflict. Lastly, we will take a look at how America participated in the war, both at home and in Europe.

Fri. 6/6-6/20 10:30-11:30 am **ONLINE (Link will be emailed to you)**

Instructor: Dr. Christopher Redgraves

Sessions: 3

*Collin College Frisco Campus 9700 Wade Blvd., Frisco, TX 75035 <https://www.collin.edu/campuses/frisco/>

Dr. Redgraves has been teaching history for ten years, five of which have been with Collin College. His focus is on American history with an emphasis on African American soldiers.

HIST 02SU25 – “Lesser” Stories of American History: Texas and *Giant*

“Texas” conjures larger-than-life places, people, and stories, and the iconic movie *Giant* dramatizes all these images. Depicting Texas history at the time when ranching and oil vied for the future, George Stevens' mammoth production includes Texas-sized wealth as well as those whose labor supported it. Viewed over four sessions, *Giant* features big money, big business, and big risks and also sets the stage for some of the lesser stories of American history.

Thur. 6/5-6/26 11am-12:30 pm Campus: Frisco Room J107

Instructor: Dr. Janet Harris

Sessions: 4

*Collin College Frisco Campus 9700 Wade Blvd., Frisco, TX 75035 <https://www.collin.edu/campuses/frisco/>

Janet Harris has taught literature and writing for over twenty-five years, coached readers and writers in pursuing their personal goals, and reviewed books. As an editor, Dr. Harris has guided writers in publishing over 150 books and also advised SMU graduate students in completing thesis and dissertations. She has retired several times, the first from UT-Dallas.

HIST 03SU25 OL - Organized Crime in the United States: The Depression Years (ONLINE)

"The History of Organized Crime" is an account of the criminal underworld in the United States. Starting in the mid-nineteenth century through the post-World War II era, the class places organized crime in the broader context of American history, emphasizing the processes of immigration and urbanization, poverty and working-class studies, and political culture in American history.

Tue. 6/3-6/17 10-11:30 am **ONLINE (Link will be emailed to you)**

Instructor: Dr. Ryan Pettingill

Sessions: 3

Ryan Pettengill, Ph.D., earned a Doctor of Philosophy in American history from Michigan State University in 2009. In 2021, Dr. Pettengill began teaching at the Wylie campus with Collin College. His scholarship and research interest are based in the history of labor and working-class activism and his most recent book examines community-based activism in Detroit throughout the 1940's and 1950's. Dr. Pettengill's current research project involves the modern labor movement's involvement in human rights. He resides in the area where he and his wife are raising two wonderful children.

HIST 04SU25 OL – 5,000 Schoolhouse's – How Rosenwald and Washington Changed America (ONLINE)

In the late 1800's and early 1900's, opportunities for basic education were largely denied to African Americans. In fact, during the long era of slavery, education was explicitly denied to slaves under penalty of punishment or death. In 1881, Booker T. Washington, himself a former slave, founded the Tuskegee Institute for the training of African American men and women to become teachers, craftsmen, farmers, engineers and scientists. In 1911, Washington met Julius Rosenwald, the CEO of Sears, and the two men developed a plan to build thousands of schoolhouses for Black children across the segregated South. The project would ultimately be life changing for thousands of individuals and communities and help bring about the wider civil rights movement.

Mon. 6/16 10-11:30 am **ONLINE (Link will be emailed to you)**

Instructor: Don Wolman

Sessions: 1

Don Wolman is a teacher, world traveler and writer. He teaches classes in world geography, travel, history, and science. Don holds a bachelor's degree in engineering from M.I.T. and a master's degree in physics from Tufts University. He is a strong proponent of collaborative lifelong learning and volunteers as a speaker/presenter around the DFW area.

LITERATURE/MUSIC/WRITING

LMW 01SU25 – Great Russian Short Stories Discussion Group

We will discuss two short story readings from ***A Swim in a Pond in the Rain: In Which Four Russians Give a Master Class on Writing, Reading, and Life*** by George Saunders. Saunders is a novelist and short story writer who has been teaching a Russian short story class at Syracuse University for over 20 years. ***A Swim in a Pond in the Rain*** pairs seven iconic short stories with essays that explore how great writing works, how the reading mind works, and how “the reading and writing of stories make genuine connection possible”.

We will read and discuss “Gooseberries” by Anton Chekhov and “Alyosha the Pot” by Leo Tolstoy. ***A Swim in a Pond in the Rain*** was published in 2021

Tue. 6/3 & 6/10 11 am-12:30 pm Campus: Plano Room D112

Instructor: Paul Dolliver (see bio page 4)

Sessions: 2

Student Limit: 20

***This course has recommended reading**

*Collin College Plano Campus: 2800 E. Spring Creek Pkwy, Plano <https://www.collin.edu/campuses/plano/planocampusmaps.pdf>

OR

LMW 02SU25 OL – Great Russian Short Stories Discussion Group (ONLINE)

Thur. 6/5 & 6/12 11am-noon

ONLINE (Link will be emailed to you)

***This course has recommended reading**

Sessions: 2

Instructor: Paul Dolliver (see bio page 4)

LMW 03SU25 OL – International Short Story Time (ONLINE)

Get together for story time on an international scale. We will have four stories from four countries and times. Following the reading of each story, we will have the opportunity for discussion – it’s always interesting to get everyone’s opinions. I’m looking forward to seeing YOU online.

Tue. 6/3-6/24 2-3:30 pm

ONLINE (Link will be emailed to you)

Instructor: Sonia Meltzer

Sessions: 4

Sonia Meltzer is a graduate of UT Dallas with a master’s in interdisciplinary studies with coursework in holocaust studies, literature, history, history of criticism and aesthetics. She has been teaching SAIL students for many years covering a wide assortment of amazing and historical topics.

LMW 04SU25 – Love of Musicals VII

This summer we will again enjoy many of the musical productions from the stage to the cinema. If you loved musicals from the 19550’s through today, this is a great course for you. We may include a small selection of some of the great numbers found in animated films.

“Hi Ho, Hi Ho, It’s Off to Musicals We go!”

Wed. 6/4-6/18 10:30 am-noon

Campus: Plano Room L200

Instructor: Darrell Simmerman

Sessions: 3

*Collin College Plano Campus: 2800 E. Spring Creek Pkwy, Plano <https://www.collin.edu/campuses/plano/planocampusmaps.pdf>

Darrell Simmerman holds a Bachelor of Science in Education from Indiana University and a Master of Arts in Teaching from Purdue University. He writes poetry, short stories, composes songs with lyrics and loves leading classes at SAIL. Darrell has taught at multiple schools and companies and was the manager of the I.T. Training Curriculum for Natl Health Labs, Inc., (now LabCorp) while in Dallas.



SCIENCE/TECHNOLOGY/WELLNESS

STW 01SU25 – Apple iPhone/iPad Updates

In this 90-minute class, learn how to navigate the latest iPhone and iPad updates. Explore Apple's new built-in Password Vault and discover how these updates improve your device's security, convenience, and everyday functionality.

Thur. 6/12 1:30-3 pm Campus: TEC Room A014

Instructor: Daphne Lee

Sessions: 1

*Collin College Technical Campus 2550 Bending Branch Way, Allen, TX <https://www.collin.edu/campuses/technical/>

STW 02SU25 – Windows 11 Must Know Skills and Shortcuts

Join us this summer where we will discover essential Windows 11 skills and time-saving shortcuts. Learn how to navigate your computer more easily, manage files, and customize Windows to make everyday computing simpler and more enjoyable.

Thur. 6/19 1:30-3 pm Campus: TEC Room A016

Instructor: Daphne Lee

Sessions: 1

*Collin College Technical Campus 2550 Bending Branch Way, Allen, TX <https://www.collin.edu/campuses/technical/>

STW 03SU25 OL – Game On! Strengthening Your Mind with Play (ONLINE)

In this fun and interactive online 90-minute class, explore brain-boosting games and activities that support memory, focus, and mental agility. Discover how play can help keep your mind sharp while enjoying laughter, learning, and a little friendly competition!

Thur. 6/26 1:30-3 pm

ONLINE (Link will be emailed to you)

Instructor: Daphne Lee

Sessions: 1

Daphne Lee teaches professionals and individuals how to use technology – mobile devices, smartphones, computers, and peripherals. Her students are all "mature" adults. In addition to Microsoft networking certifications, she holds a Master of Science in Instructional Design degree from Boise State University and her goal is to increase individual performance through the effective use of technology. Daphne and her husband have been in the Dallas area for 26 years and have two beautiful Golden Retrievers.

STW 04SU25 OL – Activating Our Heart Center (ONLINE)

Are we creating space every day for our heart to acknowledge its innate intelligence? Often times we are wrapped up in worries, fears, and anxiety in our mind. I know I catch myself there! Yet we are so much bigger than our thoughts, emotions, even our physical body. We have a body filled with guidance and unconditional love, of which the heart is a central part. A calm center ready to guide our every thought and action.

Join us for a heart-ful exploration concluding with an easy heart-opening meditation.

Wed. 6/18 11am – 12:15 pm

ONLINE (Link will be emailed to you)

Instructor: Laura Sarna

Sessions: 1

Laura Sarna is a partner and certified energy balancing practitioner at *For the Love of Healing*. She has been practicing and teaching healing content for nearly 30 years and loves sharing principles with others. She views life through a lens of joy and creativity and brings a calming energy to class. She sees us all as both teacher and student. "Let's share, learn and grow together!"



SCIENCE/TECHNOLOGY/WELLNESS (CONT.)

STW 05SU25 OL – Enrico Fermi and the Dawn of the Atomic Age (ONLINE)

In this course we will examine the life and achievements of Enrico Fermi (1901-1954). Even as a child, Fermi showed signs of brilliance. By the time he was in high school he was developing advanced mathematical and physical descriptions of the world around him. In college, he rose to world fame as the greatest physicist in Italy and in fact the whole world. The torch of advanced physics was passing from Einstein into the hands of Fermi.

He assembled and led a team of Italian physicists who would come up with the concept of a nuclear chain reaction, leading to a Nobel Prize. Immigrating to the U.S., he would build the first nuclear reactor and achieve the world's first chain reaction. The Atomic Age was born, and there was no going back. You do not need any technical background to take this course, just a lively interest in the history of the Atomic Age.

Mon. 6/16 1:30-3 pm **ONLINE (Link will be emailed to you)**

Instructor: Don Wolman

Sessions: 1

*(see instructor bio page 5)

STW 06SU25 OL – Geologic History: Blue & White Marble Planet and Its Partners

The blue and white marble planet that we call Earth.... how did it come to be? How did the early earth evolve from a hot, hostile piece of rock to the "water planet" we know today? What has gone on for the last 4.5 billion years? And how long does our home have left? And how did Earth's partner and nearest celestial neighbor form?

It's been 50 years since humans stepped foot on the Moon. What new facts and theories have scientists uncovered about the Moon, including the discovery of mini moons? Join us to learn about the geological history of these two bodies and a few others in our neighborhood.

Mon. 6/2-6/23 11 am-12:30 pm **ONLINE (Link will be emailed to you)**

Instructor: Greg Indelicato

Sessions: 4

Greg Indelicato holds a Bachelor's degree in Geology from Queens College, CUNY and a Master's degree in Earth and Space Sciences from Stony Brook University (SUNY). He has worked as a professional geologist in several capacities including minerals exploration, petroleum geophysics, exploration geochemistry, environmental geology, geotechnical and hydrogeologic engineering. He also had an opportunity to work with lunar rocks and glasses from Apollo 12 and 15 and the lunar glasses from the Soviet Luna 12 mission. Greg has lectured and written published papers on various subjects ranging from physical geology, space science, exploration geology and geophysics as well as on environmental science.





DROP YOUR ANCHOR

SAIL Office

*Courtyard Center-Closed for renovations until further notice

Temporary Office Frisco Campus

9700 Wade Blvd. -Heritage Bldg., Suite 148D

Frisco, TX 75035

972.985.3788/3789

PARDON OUR RENOVATION!

SAIL classes held at Courtyard Center are being relocated for summer to alternate campuses or hosted online to accommodate students, staff and faculty.

Courtyard Center is expected to reopen in Fall 2025!

Website: www.collin.edu/sail

E-Mail sail@collin.edu

SAIL Crew:

Sherry Scamardo

Director-SAIL Program

Lynne Bensten

Administrative Assistant

Volunteers

Our countless volunteers that assist!

SAIL Campuses Summer 2025: SAIL campus course selection will vary by semester!

Collin Frisco Campus

9700 Wade Blvd, Frisco, TX 75035

<https://www.collin.edu/campuses/frisco/>

Collin Higher Education Center

3452 TX-399 Spur, McKinney, TX 75069

<https://www.collin.edu/campuses/chec/>

Collin Plano Campus

2800 E. Spring Creek Pkwy, Plano, TX 75074

<https://www.collin.edu/campuses/plano/planocampusmaps.pdf>

Collin Technical Campus

2550 Bending Branch Way, Allen, TX 75013

<https://www.collin.edu/campuses/technical/index.html>

SAIL is an educational program for individuals 55 years of age or older under the sponsorship of Collin College Continuing Education.

ZOOM TIPS & TRICKS

Zoom is a web conferencing platform that is used for audio and/or video conferencing. You do NOT need an account to participate in a Zoom session. You will be prompted to download the Zoom application if you haven't already (only needed once per device or computer)

Create a Virtual Learning Folder for Your Class Links

If you are registered for a SAIL virtual class, your instructor or the SAIL office will email the link to you a few days before your class begins.

SAVE this link in a convenient place, so you can access it for the next class.

Joining a Zoom Meeting

How do I join on a **Desktop or Laptop Computer?** [CLICK HERE](#)

How do I join by **Telephone?** [CLICK HERE](#)

How do I join using the **App?** [CLICK HERE](#)

Sharing a Virtual Link

We love to share information with our friends and family, but in order to keep the privacy of registered students and prevent "Zoom Bombing", please do not share the link with anyone that is not a registered SAIL student.

If you know a SAIL student that would like to join additional classes, they can contact the SAIL office at 972-985-3788 to be added to the class roster. We will be happy to email the link!

Zoom Resources

Please click on the links below, to be directed to Zoom Help Page

- [Getting Started](#)
- [Audio, Video, Sharing](#)
- [Zoom Rooms](#)
- [Video Tutorials](#)
- [Zoom App for iOS](#)
- [Zoom App for Android](#)
- [Zoom Privacy Policy](#)
- [Preventing Zoom Bombing](#)

<https://zoom.us/privacy>