



Providing exceptional lifelong learning for 28 years!

# FALL 2024 Schedule



[www.collin.edu/sail](http://www.collin.edu/sail)



[sail@collin.edu](mailto:sail@collin.edu)



972-985-3788

Courtyard Center  
4800 Preston Park Blvd, Ste.116  
Plano, TX 75093

SAIL is an educational program operated by and for individuals 55 years of age or better under the sponsorship of Collin College Continuing Education.



## Welcome to FALL 2024!

If you are new to SAIL, we extend a warm welcome and if you are a returning SAIL member, we are so excited to have you back! Our incredible instructors and guest speakers have worked hard to put together a brain stimulating and fun schedule.

SAIL (Scholars Active in Learning) launched its first semester under the sponsorship of Collin College in Fall 1996 and has been serving our community of lifelong learners ever since! We offer a fall, spring and summer term and each semester brings new content to challenge, discuss and stimulate your brain. It's also a great way to socialize, meet new friends and share your love of learning!

For the fall semester choose **(8) on campus courses** and **unlimited online courses**. The **Bonus Member Courses** can be taken in addition to your (8) on campus courses. Guest Speakers are also free to attend, but be sure to register, so we have an accurate seat count.

New this fall is our registration system! You should find this a more pleasurable and user-friendly way to sign up for SAIL classes. Please feel free to contact the SAIL office if you have questions or need assistance in signing up for your fall classes.

SAIL classes are open to members who are 55+ and have an interest in learning! Did you know that anyone that meets the age requirement can take SAIL classes from anywhere in the world?

Be sure to tell friends and family to check out the Fall schedule, even though they don't live in the area. We want others to be able to "SAIL" with us!

The Fall schedule will have both on campus courses, online courses and off campus tours. The schedule will indicate how the course is being delivered. If you would like a hard copy of the schedule, we always have some printed in the SAIL office. Stop by to pick one up and say Hi!

Online learning links to your class will be emailed to you, if you have **registered** for that class, a few days before the class starts. Be sure to save the link where you can easily find it, as most links will be re-curring for that particular course.

Did you know that SAIL has an Advisory Council? The council meets throughout the year to provide advice, expertise and support to the SAIL program. In addition, they provide suggestions and guidance, review courses and provide critical feedback to improve the program and the SAIL program benefits greatly from their feedback. Be sure to check out your council volunteers and say Hi if you see them!

Enjoy your classes this semester and feel free to contact the SAIL office with any questions at **972-985-3788** or email **sail@collin.edu**.

*Sherry J. Scamardo*  
SAIL Program Director



# SAIL ADVISORY COUNCIL

## 2024-2025

The SAIL Advisory Council works with Collin College's Program Director to advise, recommend, and review program courses and procedures and is an integral part of future program planning and implementation to ensure continued quality of the program.



**John Byers**  
Continuing Education Director



**Anita James**  
SAIL Member



**Paul Dolliver**  
SAIL Instructor



**Dr. Nicole Grose**  
SAIL Instructor



**Greg Indelicato**  
SAIL Instructor



**Dr. Toni Jenkins**  
Community Liaison



**Clay Youngblood**  
SAIL Member



**Dr. Herb Weinstein**  
SAIL Instructor



**Sherry Scamardo**  
Program Director



## DROP YOUR ANCHOR

### SAIL Office

Courtyard Center  
972.985.3788

### Office Hours

Monday-Friday, 8 a.m.-5 p.m.

### Website

[www.collin.edu/sail](http://www.collin.edu/sail)



Follow us on Facebook!

Collin College Scholars Active in Learning

### SAIL Crew:

Karen Musa

Executive Dean-Courtyard Center

Sherry Scamardo

Director-SAIL Program-Courtyard Center

Volunteers

Our countless volunteers that assist!

### SAIL Campuses:

Courtyard Center

4800 Preston Park Blvd., Plano, TX 75093

Celina Campus

2505 Kinship Parkway, Celina, TX 75009

Collin Higher Education Center

3452 TX-399 Spur, McKinney, TX 75069

Farmersville Campus

501 S. Collin Parkway, Farmersville, TX 75442

Wylie Campus

391 Country Club Road, Wylie, TX 75098

**\*SAIL campus course selection will vary by semester!**

**SAIL is an educational program for individuals 55 years of age or older under the sponsorship of Collin College Continuing Education.**



## FALL 2024 REGISTRATION INFORMATION

Membership Cost for Fall courses	\$115.00
Number of Courses I Can Take	On campus classes: <b>8</b> Online classes: <b>Unlimited</b> (Bonus courses don't count against your 8!)
When Does Registration Begin?	<b>August 26 (Monday)</b>
When Do Classes Begin?	<b>September 3 (Tuesday)</b>
How Do I Sign Up?	Go to <a href="http://www.collin.edu/sail">www.collin.edu/sail</a> and click REGISTER HERE

**Need assistance with our new registration system?  
Contact the SAIL office at 972-985-3788 or email us  
at [sail@collin.edu](mailto:sail@collin.edu). We are here to help!**

Please note that classes are filled on a first come basis.

*We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.*

**SAIL classes are not eligible for the Texas resident 65 and older tuition exemption.**

**Please note that once the semester starts, there are no refunds on SAIL membership costs.**



## FALL 2024 REGISTRATION SHEET (BY DAY)

### Course Number Categories

**Art/Art HIST** (Arts, Art History) – **BMC** (Bonus Member Class) **DISC** (Discussion) – **Games** – **HWL** (Health, Wellness, Lifestyle)

**HIST** (History) – **LMW** (Literature, Music, Writing) – **MST** (Math, Science, Technology)

X	Course #	TITLE	CAMPUS	DAY	BEGIN DATE	END DATE	START TIME	END TIME	SESS
	Art/Art HIST 03	Basic Drawing Skill Building	CYC	Mon	9/9	10/7	9:30	11:30	5
	Art/Art HIST 04	Painting Studio	CYC	Mon	9/9	10/7	12:00	2:00	5
	HWL 01	Off the Beaten Track: Travel in Eastern Europe	CYC	Mon	9/9	9/23	11:00	12:00	3
	HWL 02	Our Senses and Reality	CYC	Mon	9/16	9/30	1:00	2:30	3
	LMW 02	Alias Grace by Margaret Atwood	CYC	Mon	10/7	10/28	11:00	12:00	4
	MST 05 OL	Geologic Hazards: Earthquakes & Impacts	OL	Mon	10/7	10/21	11:00	12:30	3
	BMC 03	How to Avoid Overpaying Taxes in Retirement	CYC	Mon	10/21	10/28	10:00	11:00	2
	BMC 02	Financial Update 2024 and the Loss of a System Since 2008	CYC	Mon	11/4	11/4	10:00	11:30	1
	HIST 04	Constitutional Convention - How 55 Men Built a Nation in Four Months	CYC	Mon	11/4	11/11	1:30	3:00	2
	LMW 05	The Love of Musicals	CYC	Mon	11/4	11/18	11:00	12:30	3
	MST 06 OL	Geologic Hazards: Volcanoes	OL	Mon	11/11	11/25	11:00	12:30	3
	HWL 03 OL	Simple Steps to Organize and Declutter for a Fresh New Year Start	OL	Mon	12/2	12/9	11:00	12:30	2
	Art/Art HIST 01	The Best of the Baroque Period	CYC	Tue	9/3	9/24	1:00	2:30	4
	HIST 01	The Horse and Its Impact on World History	CYC	Tue	9/3	9/17	11:00	12:00	3
	<b>GS 05</b>	Identity Theft, Frauds, & Scams	CYC	Tue	9/24	9/24	10:00	11:00	1
	BMC 01	Fact or Fiction: Medicare and Your Health	CYC	Tue	10/1	10/8	1:30	3:00	2
	Art/Art HIST 05 OL	History of American Art Part 3: The Civil War	OL	Tue	10/8	10/29	10:30	12:00	4
	HIST 09 OL	Ordinary Americans in the Revolution	OL	Tue	10/8	10/29	11:00	12:45	4
	LMW 04	Great American Short Stories Discussion Group (10/22,29,11/12,19,12/3)	CYC	Tue	10/22	12/3	11:00	12:30	5
	DISC 05	Disinformation!	CYC	Tue	11/5	11/19	1:30	2:45	3
	<b>GS 03</b>	Loren Eiseley: Fox at the Wood's Edge	CYC	Tue	11/5	11/5	11:30	1:00	1
	MST 04	Energy and Power for Humans	CYC	Tue	11/5	11/26	10:00	11:30	4
	HIST 14	The Race of the Century: Building the Transcontinental Railroad	Frisco	Tue	11/12	11/12	10:00	11:30	1
	BMC 04	Backstage Pass at the John Anthony Theater	Plano	Tue	11/19	11/19	2:30	4:00	1
	DISC 01	<i>Ours Was the Shining Future</i> , A Book About the American Dream	CYC	Wed	9/4	9/11	10:30	11:30	2
	HIST 08 OL	American Expansion 1800-1850	OL	Wed	9/4	9/25	1:30	3:00	4
	HWL 04 OL	Estate Planning - Common Mistakes and Misconceptions	OL	Wed	10/2	10/9	1:00	2:00	2
	BMC 10	The Mother Road: A Cultural History of Route 66	Celina	Wed	10/2	10/2	1:00	2:15	1
	DISC 03	Discussing Revolution & Democracy - How Did We Get Here, Historically Speaking?	CYC	Wed	10/2	10/2	11:30	1:00	1
	BMC 09	Allen Heritage Tour (Off Campus Class)	Allen	Wed	10/9	10/9	10:00	11:00	1

GAMES	Mah Jongg-Beginner	CYC	Wed	10/9	10/30	1:30	3:30	4
LMW 01	The Secret Life of Great Classical Music	CYC	Wed	10/23	11/13	11:00	12:30	4
GS 02	The Roaring Twenties	CYC	Wed	10/23	10/23	2:00	3:00	1
HIST 13 OL	The History of Organized Crime - Part II	<b>OL</b>	Wed	11/6	11/20	1:30	3:00	3
HIST 06	Great Discoveries	CYC	Wed	12/4	12/18	10:30	12:00	3
Art/Art HIST 02	Introduction to Watercolor	CYC	Thur	9/5	9/26	1:00	3:00	4
DISC 02	Behind the News ( <b>No class 9/12</b> )	CYC	Thur	9/5	9/26	11:00	12:30	3
HIST 02	Warrior Woman Anita Garibaldi: Italian Revolutionary	CYC	Thur	9/5	9/5	1:30	2:45	1
MST 01	Take Better Photos with Your iPhone	CYC	Thur	9/12	9/12	1:30	3:00	1
<b>GS 01 OL</b>	Walking the English Camino de Santiago	<b>OL</b>	Thur	9/19	9/19	3:00	4:00	1
DISC 07 OL	Discussing Revolution & Democracy - <i>How Did We Get Here, Historically Speaking?</i>	<b>OL</b>	Thur	10/3	10/3	12:00	1:00	1
HIST 03	WWII Lesser Stories: Recovery, Reconnection, Restitution	CYC	Thur	10/3	10/24	11:00	12:30	4
HIST 10 OL	Great American Presidents	<b>OL</b>	Thur	10/10	10/31	11:00	12:45	4
LMW 06 OL	The Creative Writer's Toolbox: Creative Exercises for Inspiring the "Write" Side of Our Brains	<b>OL</b>	Thur	10/10	10/17	3:00	4:30	2
MST 02	Digital Story Telling	CYC	Thur	10/10	10/10	1:30	3:00	1
DISC 04	The 2024 Presidential Campaign	CYC	Thur	10/24	11/7	2:30	3:30	3
LMW 07 OL	Great American Short Stories Discussion Group (10/24,31,11/14,21,12/5)	<b>OL</b>	Thur	10/24	12/5	11:00	12:00	5
HIST 11 OL	World War II: Women at War	<b>OL</b>	Thur	10/31	11/21	10:30	12:00	4
MST 03	iPhone Tricks and New Features	CYC	Thur	11/14	11/14	1:30	3:00	1
<b>GS 04 OL</b>	Dirty Dozen Tax Scams	<b>OL</b>	Thur	11/14	11/14	11:00	12:00	1
DISC 06	Russia and the International Order	CYC	Thur	11/21	11/21	1:30	2:30	1
MST 08 OL	Friendly Climate Science Workshop	<b>OL</b>	Thur	12/5	12/5	10:30	11:45	1
BMC 05 OL	Let's Talk About Earthquake Basics!	<b>OL</b>	Fri	9/27	9/27	10:30	11:30	1
LMW 03	Music 101: Playing with Sound Part 2	CYC	Fri	10/4	10/18	10:30	12:00	3
HIST 07	The Mexican American War and Manifest Destiny	CYC	Fri	10/11	10/25	10:00	11:00	3
BMC 07 OL	Keep An Open Heart	<b>OL</b>	Fri	10/25	10/25	2:00	3:00	1
HIST 12 OL	George Washington: Life and Legacy	<b>OL</b>	Fri	11/1	11/15	10:00	11:30	3
HIST 05	The 1950's	CYC	Fri	11/8	11/22	3:00	4:30	3

**CYC- Courtyard Ctr   Celina-Celina Campus   OL-Online Course (campus class locations vary by semester)**

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Contact # \_\_\_\_\_ Emergency Contact # \_\_\_\_\_

Email \_\_\_\_\_



## ARTS/ART HISTORY

### History of American Art Part 3: The Civil War (Online)

This course covers American art from 1860 to 1865. Topics will include photography, painting and prints made during the Civil War. We will also consider slave art, POW art, and Civil War monuments.

Tue. 10/8-29 10:30am-noon Campus: **ONLINE**  
Instructor: Dr. Clair Robertson Sessions: 4

**Dr. Claire Robertson** earned her B.A. from The University of Texas Arlington, her M.A. from Texas Christian University, and a Ph.D. from University of Kansas in art history. She specializes in the 19<sup>th</sup>-century American art, Italian Renaissance art, and 19<sup>th</sup>-century French painting. Dr. Robertson wrote her dissertation on portraitist Thomas Hicks and celebrity culture in mid-19<sup>th</sup> century New York. When not wandering about museums or studying art, Dr. Robertson enjoys hanging out with her two cow dogs, Hank and Charlie, who are named after country music legends Hank Williams and Charlie Daniels.

### Basic Drawing Skill Building

Join us for a beginning drawing class, where we will learn basic drawing skills such as sketching, contour drawing, shading, and blending, and a variety of perspective techniques.

#### Student Limit: 15 (supply list back of schedule)

Mon. 9/9-10/7 9:30-11:30 am Campus: CYC Room 337  
Instructor: Lori Ruml Sessions: 5

### Painting Studio

Enjoy the camaraderie and input of fellow students while you work in the painting medium of your choice. The studio class will be facilitated by an instructor with knowledge of painting in watercolor, acrylic, and oil paint who can answer your questions and help you along in your individual painting journey. Class discussions and critiques will enhance the learning process along with learning how other students approach various mediums and style of painting.

#### Student Limit: 15 (this is a bring your own supplies class)

Mon. 9/9-10/7 noon-2 pm Campus: CYC Room 337  
Instructor: Lori Ruml Sessions: 5

**Lori Ruml** has an M.A. in Art Education with a concentration in Watercolor. She has been teaching since 1995. She received a scholarship to an Art program in Europe to study with watercolor artist, Rob Erdle, while working on her M.A. As the owner of *The Art Experience*, she also does murals, custom work, and art parties in addition to community art classes. Her interests extend to all mediums of art from acrylic, oil, and watercolor to sculpture and pottery. She has also had the honor of learning from Renaissance style painter, Frank Covino, focusing on oil painting in classical styles.





# ARTS/ART HISTORY

## Introduction to Watercolor

In this beginner watercolor class, we will cover a variety of the basics to get started. The full course syllabus can be found at the back of the schedule. We will cover:

- Class 1: Introduction to Watercolor – See syllabus for details
- Class 2: Foundations of Watercolor Painting – See syllabus for details
- Class 3: Painting Techniques and Textures -See syllabus for details
- Class 4: Final Projects and Critique -See syllabus for details

**Student Limit: 12 (syllabus and supplies back of schedule)**

Thur. 9/5-9/26 1-3 pm Campus: CYC Room 337  
Instructor: Rani Verma Sessions: 4

**Rani Verma** is a professional artist renowned for her passion in both creating and imparting artistic knowledge. As the founder of her own studio, Rani has dedicated herself to nurturing the creative spirits of both children and adults. Her interests extend to all mediums of art: oil, watercolor, acrylics, and charcoal.

## The Best of the Baroque Period

The Baroque era, in the 17<sup>th</sup> century, followed the High Renaissance in Europe. Rembrandt van Rijn, Johannes Vermeer and Peter Paul Rubens are the most iconic artists of this era. During the Baroque movement, artists were freed from portraying religious art exclusively. Secular scenes, portraits and mythological subjects were also popular. The Baroque style can be described as gorgeous, dramatic and emotional.

In this class, we will look at examples from the best of the Baroque artists and discover their impact on art history.

Tue. 9/3-24 1-2:30 pm Campus: CYC Room 122  
Instructor: Sally Kemble Sessions: 4

**Sally Kemble** is an artist and retired Art teacher. "I have had a passion for Art History since I was in college. I graduated from Centenary College and received my Master's degree from the University of North Texas, but my best role is that of grandmother to my four grandchildren.



## BONUS MEMBER CLASS

### Allen Heritage Tour



ALLEN  
HERITAGE  
GUILD

Development of the Allen Historic Village recognizes the significance in preserving pieces of its past among the city's rapid development. As part of this project developed by the City of Allen in cooperation with Allen Heritage Guild, several of Allen's oldest remaining homes, outbuildings and a well-preserved church were procured. Additionally, several acres of land in Allen's old residential area were purchased to establish a "village" setting where the structures could be relocated and restored, forming a park where visitors could admire the structures and enjoy learning about Allen's history from interpretive exhibits. Join us for this fun and historic tour of the Allen Heritage Village.

Wed. 10/9 10-11 am **Allen Heritage Village**  
352 E. Saint Mary Dr. Allen TX 75002

Instructor: Mary Foster

Sessions: 1

**Student Limit: (15) This course involves walking over uneven surfaces. Wear comfortable shoes. Limited wheelchair accessibility.**

**Please contact the SAIL office directly with questions.**

### Backstage Pass at the John Anthony Theater

Come join us at the Collin College Plano Campus, John Anthony Theatre as we go backstage! The tour of the C wing will consist of an overview of the John Anthony Theater, the costume shop, the scene shop, and the Black Box Theater. We will discuss how our facility works with different events and how we go about a Theatre production. I can demonstrate lighting or other aspects of our space as time allows.

Tue. 11/19 2:30-4 pm **Plano Campus John Anthony Theatre**

Instructors: Tom Hull and Evans Jarnefeldt

Sessions: 1

<https://www.collin.edu/campuses/plano/planocampusmaps.pdf>

[Productions / Tickets \(collin.edu\)](#)

**Student Limit: (25) This course involves walking over uneven surfaces. Wear comfortable shoes. Limited wheelchair accessibility.**

**Please contact the SAIL office directly with questions.**

**Tom Hull** has been with Collin College for 24 years. During that time, he has facilitated countless productions at the Spring Creek Campus. He was a recent nominee for the Collin College ROSE Award. This is the highest award Collin gives to staff members for the recognition of service and excellence. Before joining the College, he spent five seasons as the Assistant Technical Director with the Dallas Theater Center and also worked with the Shakespeare Festival of Dallas. Tom received his BFA from Sam Houston State University where he focused his training on set construction and stage lighting. A native of Plano, and a former Collin student, Tom loves to serve on the Collin Theatre faculty. His hobbies include fishing, geocaching, and coaching baseball and is the proud father of Max and Maggie.

**Evans Jarnefeldt** began his teaching career in California before moving to Tennessee. Today, he is a full-time professor at Collin College Plano Campus. He holds a B.A. from UT Austin and an MFA degree from UC Irvine in English.

### Fact or Fiction: Medicare and Your Health

Living a healthy lifestyle is key to managing health care costs as we age. Many people are on a fixed budget after leaving the workforce and a health emergency can be devastating a monthly budget. We will discuss how to use your Medicare plan for prevention to maintain a healthy life and not break the bank.

Class 1: Fact or Fiction of making the most of your Medicare Plan to benefit your health and budget

Class 2: Fact or Fiction of Medicare Open Enrollment and making changes, 2025 Medicare changes.

Tue. 10/1 & 10/8 1:30-3 pm Campus: CYC Room 122

Instructors: Sheri Wilson/Mike Wilson

Sessions: 2

**Sheri Wilson**, CRPC® (Chartered Retirement Planning Counselor), and **Mike Wilson**, are licensed and certified Medicare Agents with 20 years of combined experience as a mother and son team working together in the insurance and financial services industries. Educating others is their focus by empowering people to understand Medicare options so they make the best decision for their health care needs.

## ***BONUS MEMBER CLASS (CONT.)***

### **Financial Update 2024 and the Loss of a System Since 2008 (Bring a friend-contact the SAIL office for details)**

The parable of the blind men describing an elephant applies to the eccentric, erratic, and the unpredictable state into which the USA's (and the world's) finances have fallen. Taking a broad look from "30,000 feet", and focused on the years since 2008, we will try to make sense of the fiscal and monetary chaos in this, the first SAIL Financial Update since 2019.

Mon. 11/4 10-11:30 am Campus: Room 122  
Instructor: Michael Booth Sessions: 1

**Michael Booth** taught finance and economics as a hobby at eight universities, including 10 years at U.T. Dallas. As a semi-retired independent contractor, he wrote and led managerial finance seminars for 20 years at TX Instruments, Sensata Technologies and others in the U.S., Canada, Europe, Israel, and India. His background includes commercial banking, startups, and turnaround projects.

### **How to Avoid Overpaying Taxes in Retirement**

The problem is simple; most people pay more in taxes in retirement than is necessary. Because retirees, and those preparing to retire don't understand the complicated role of taxes in retirement, they could end up stumbling into horrific and costly mistakes.

This course is designed to give you, the learner, a guide through some of the "tax traps and opportunities" that retirees face through the four stages of retirement.

Mon. 10/21 & 10/28 10-11 am Campus: CYC Room 122  
Instructor: Joe Dowdall Sessions: 2

**Joe Dowdall, MBA** has worked in the financial services industry for over 17 years and has spent the last 13 years as a financial planner in North Texas. He earned his Bachelor's Degree from the State University of New York and his M.B.A. in Finance from Saint Joseph's Haub School of Business. Joe is a Certified Financial Planner (CFP®), Chartered Retirement Plan Consultant (CRPC) and a Retirement Income Certified Professional (RICP).

### **The Mother Road: A Cultural History of Route 66 (Bring a friend-contact the SAIL office for information)**

Stretching from the Great Lakes to the Pacific Ocean, the 2,400 miles of Route 66 is an asphalt ribbon road that has recorded the dreams and nightmares of the American people. This presentation will use songs, film, literature, and television to hit play on the story of America's "Mother Road."

Head out to our beautiful Celina campus and after class explore the Celina area!

Wed. 10/2 1-2:15 pm Campus: **CELINA** Room 215  
Instructor: Brett Adams Sessions: 1

Celina Campus  
2505 Kinship Parkway  
Celina, TX 75009

**\*2505 Kinship Pkwy, Celina, TX 75009**

**Brett Adams** has a Master's Degree from the University of Tulsa and has been teaching history at Collin College since 2004. His areas of study are mostly the American West and The Progressive Era. Brett has been presenting SAIL lectures for about 6 years.



## DISCUSSION

### Behind the News (no class 9/12)

This course provides analysis, background, and explanation about the news of the day. Our approach to issues is to articulate and assess arguments on all sides, separating fact from fiction, good reasoning from bad.

Thur. 9/5,19,26 11 am-12:30 pm Campus: CYC Room 122  
Instructor: Bruce Eisen Sessions: 3

**Bruce Eisen** is a CPA with degrees in political science and economics and a master's degree in accounting. Most of his career was spent as chief operating and financial officer for several Jewish Federations.

### Disinformation!

Voltaire said, "Those who can make you believe absurdities can make you commit atrocities." Disinformation is a growing threat to democracy. We know that it works, at least on a subset of the population. With the prevalence of social media, disinformation today is spread easily, broadly, and fast. With the development of A.I., it will likely fool more and more people.

This course is about the history, tools, psychology, and danger of disinformation.

Tue. 11/5-19 1:30-2:45 pm Campus: CYC Room 122  
Instructor: Dr. Jim Lamb Sessions: 3

**Jim Lamb**, Ph.D., is a retired college professor, computer programmer, and I.T. manager. After receiving a doctorate in philosophy from Brown University, he taught at SMU for 35 years. Jim was also the Director of Computer Services at Ebby Halliday Realtors

### Discussing Revolution & Democracy – How Did We Get Here, Historically Speaking?

We will explore and discuss the historical context for four present-day revolutions: globalization, technology, identity, and geopolitics. We will also focus on how America has arrived at this juncture in our history. Inspiration and recommended readings for our discussion are *Age of Revolutions: Progress and Backlash from 1600 to the Present (2024)* by Fareed Zakaria and *Democracy Awakening: Notes on the State of America (2023)* by Heather Cox Richardson.

Wed. 10/2 11:30 am-1 pm Campus: CYC Room 122  
Instructor: Paul Dolliver Sessions: 1

# OR

### Discussing Revolution & Democracy – How Did We Get Here, Historically Speaking? (Online)

Thur. 10/3 noon-1 pm

**Paul Dolliver** earned degrees in History and Geology from Baylor University. He has also pursued graduate studies in the History of Science at Harvard University. He is a geologist, college instructor, reader, walker, and Texas Master Naturalist. Paul has been involved with SAIL for several years and has facilitated discussion groups for over 30 years. He currently teaches Oceanography at Collin College.



## DISCUSSION (CONT.)

### **"Ours Was the Shining Future," A Book About the American Dream by David Leonhardt**

The concept of the American dream is the subject of a book by the Pulitzer writer David Leonhardt of The New York Times. The dream basically is that each generation will have a better future than the previous one. The dream actually became a reality after WW II and lasted until the mid-70's. During that era, the U. S. had the largest middle class & the wealthiest economy in history. The book deals with other important issues like immigration, crime & racism, but for this course description, the discussion will mainly focus on how the nation went from economic inequality to the Golden Era, followed by the current Great Stagnation, where the dream is not occurring. The author, with substantial research, explains how the pendulum swung against the Golden Era & discusses possibilities about a return to the dream.

Wed. 9/4 & 9/11 10:30 am-11:30 am Campus: CYC Room 122

Instructor: Dr. Jerry Frankel Sessions: 2

**Jerry Frankel**, M.D. retired after almost 40 years of medical practice as a urologist. He has taught pre-Covid and during Covid, courses on health care reform and intermediate bridge. Now post Covid, he is instructing a course on a book about the American Dream. He claims to be a Jack of all trades and master of none!

### **Russia and the International Order**

Since Russia's invasion of Ukraine, the post-Cold War international order has been plunged into a serious crisis. This lecture examines the reasons behind the emergence of Russia as a revisionist power and the mindset and goals of Russia's leader, Vladimir Putin.

Thur. 11/21 1:30-2:30 pm Campus: CYC Room 122

Instructor: Dr. Lishan Desta Sessions: 1

**Lishan Desta**, Ph.D. earned a doctorate in political science from the University of Texas Dallas. Currently, he is full-time faculty at Collin College McKinney Campus teaching Economics. He has lived on three continents and teaches from his varied academic and life background. As an avid reader and researcher on world affairs, his publications include articles on world security and Middle East affairs.

### **The 2024 Presidential Campaign**

The presidential campaign of 2024 was going to be unique with a former president running for a second term against the candidate who defeated him in 2020. That hadn't happened since 1912. Then eight days into July everything changed. The attempted assassination of former President Trump combined with President Biden's withdrawal from the race transformed everything about the 2024 presidential campaign. After assessing these unprecedented events, the focus will shift to the General Election campaign. The course will wrap up with an analysis of the 2024 elections.

Who knows what will happen between now and October 24?

Thur. 10/24-11/7 2:30-3:30 pm Campus: CYC Room 122

Instructor: Dr. Michael McConachie Sessions: 3

**Dr. Michael McConachie** earned his master's and Ph.D. in political science from the University of Missouri-Columbia. He has been teaching government at Collin College since 2004. His areas of interest include the American Presidency and Texas politics and government.



## GAMES

### Mah Jongg Beginner

This class is for beginners and those advanced beginners that have some knowledge of Mah Jongg but need more instruction in furthering their game skills.

In five weeks, class participants will learn the basics of Mah Jongg -- the meaning of the tiles, varieties of the hands, course of play and interpretations of the annual card and some advanced beginner skills.

Wed. 10/9-30 1:30-3:30 pm Campus: CYC Room 229

Instructor: Judith Fishman

Sessions: 4

**Students must purchase or already have a National Mah Jongg League Rules Card (2024) prior to first day of class play.**

*Cards can be purchased at Walmart online, Amazon, or the Natl Mah Jongg League (see address below).*

**National Mah Jongg League Inc.**

**450 7th Ave, NY, NY 10123**

**Small print \$8.00 Large print \$9.00**

**Judith Fishman** has been playing Mah Jongg since her teenage years. Besides playing "maj", she has owned and operated her own retail store, founded, and led a social service organization for women, and had a home staging/decorating business.



## HEALTH/ WELLNESS/ LIFESTYLE

### Estate Planning – Common Mistakes and Misconceptions (Online)

In this course, we will learn basic estate planning, including important questions you must ask. We will learn about common mistakes that are made so you don't make them! We will also explore the myths and misconceptions that many people have. Finally, we will discuss missed opportunities in estate planning.

Wed. 10/2 & 10/9

1-2 pm

ONLINE

Instructor: Candace Vogt

Sessions: 2

**Candace Vogt** graduated from Auburn University and Vanderbilt University, School of Law. She has practiced and is licensed in both Alabama and Texas. She also taught law school in Alabama for three years as an Assistant Professor, concentrating in Estate Planning, Estate Tax, Real Estate and Elder Law. She has been a partner with a major Alabama law firm and is now a partner at Vogt Duff Law Group in McKinney. She practices mainly in the areas of estate planning, real estate, and small business management.

### Keep an Open Heart (Online)

What is atherosclerosis? What can cause it and can we slow it down? How does it affect the heart function?

In this presentation, we will address those questions and discuss both nutritional and medical approaches to treat blood vessel problems.

Fri. 10/25

2-3 pm

ONLINE

Instructors: Dr. Amira Shaham-Albalancy & Dr. Shiva Davanloo

Sessions: 1

**Amira Shaham-Albalancy** Ph.D., studied in the Animal Sciences Department of the Faculty of Agriculture at the Hebrew University of Jerusalem. Dr. Albalancy moved to Texas from Israel in 2001 and started teaching at Collin College as associate faculty in 2004. She became a full-time faculty for Collin College in 2006 and teaches Human Anatomy and Physiology classes for science and non-science majors.

**Shiva Davanloo** has a Ph.D. in Nutrition Sciences from Texas Woman's University and has been teaching nutrition courses, both undergraduate and graduate for over 20 years during which she supervised different thesis and dissertations, practiced dietetics, and has worked as the chair for the Clinical Nutrition department at her previous workplace. She has been a full-time professor with Collin College for the past 15 years.

### Off the Beaten Track: Travel in Eastern Europe

As American travelers, we tend to go to popular Western European countries. However, there are other great places to explore. In this class, we will move across Eastern Europe – from the Balkans to the Caspian Sea. Classes will include:

Romania, Republic of Georgia and Azerbaijan

Mon. 9/9-23

11 am-noon

Campus: CYC Room 122

Instructor: Mary Williams

Sessions: 3

**Mary Williams** was raised in Wisconsin and received her Bachelor of Music degree from the University of Michigan. She moved to Texas in 1959 to teach music and art in D.I.S.D. and piano at home. She received her M.B.A. in 1980, then worked in business developing training programs for companies. Since her retirement in 1999, Mary has been an active member of music and peace organizations, a volunteer, student, traveler, and host for foreign visitors. She enjoys photography, learning new things, gardening, reading, speaking, and presenting programs on her travels.



## HEALTH/ WELLNESS/ LIFESTYLE (CONT)

### Our Senses and Reality

Does reality exist in the way we perceive it? Do our senses tell us the truth, the whole truth, and nothing but the truth? Our sensory systems take clues from the outside world to construct virtual realities that help us survive, partially based on truth. Come explore the amazing story of how our senses inform and deceive us to enhance our odds of survival.

Mon. 9/16-30 1-2:30 pm Campus: CYC Room 122  
Instructor: Dr. Paul Tobolowsky Sessions: 3

**Dr. Paul Tobolowsky**, M.D. is a retired physician, lecturer, and the author of *Stardust Dancing (A Seeker's Guide to the Miraculous)*. His special interest is the intersection between science and spirituality. Dr. Tobolowsky enjoys sharing his extensive medical knowledge and participating in lively discussions with the SAIL students.

### Simple Steps to Organize and Declutter for a Fresh New Year Start! (Online)

Join us online as we wrap up the year and discuss easy decluttering tips! This process can be overwhelming. How and where do I start? Do I love it, or do I need it? Did you know that living with disorganization drains your energy, slows you down and is bad for your mental health? We will cover some basics and easy ways to get started to go into the new year.

Mon. 12/2 & 12/9 11 am-12:30 pm **ONLINE**  
Instructor: Kira Rodenbush Sessions: 2

**Kira Rodenbush** is a home and health consultant who helps clients get real about their stuff, their habits, and how to create a routine that brings results. With 25+ years as a professional home organizer and 20 years as a massage therapist, Kira discusses the overlap between our bodies and our belongings on her podcast, *"What's Up with Your Stuff? Conversations on the Consequences of Clutter"*.





# HISTORY

## Constitutional Convention – How 55 Men Built a Nation in Four Months

Join us as we look at the background and beginnings of the events leading to the Convention after the Revolution. We will discuss the Virginia Plan, Compromise, and Building the Constitution along with content, ratification, and amendments.

Mon. 11/4 & 11/11 1:30-3 pm Campus: CYC Room 122

Instructor: Col. Richard Cudlipp (Ret.) Sessions: 2

**Richard Cudlipp** is a graduate of the Naval Academy and a twenty-year veteran of the Air Force. An engineer and a history buff, he previously taught at De Vry University and Richland College. Richard has been teaching with SAIL for over 13 years.

## George Washington: Life and Legacy (Online)

Delve into the life and enduring impact of George Washington, the Founding Father of the United States, in this captivating lecture series. Through a series of engaging sessions, we explore the multifaceted aspect of Washington's life, from his humble beginnings to his pivotal role in shaping the young nation.

Uncover the personal journey of a man who rose from modest origins to become the first President of the United States, examining his leadership during the Revolutionary War and his indispensable contributions to the drafting of the Constitution.

We'll analyze Washington's principles of leadership, his vision for a united nation, and his profound influence on American politics and governance. From his famous Farewell Address to his enduring legacy in shaping the presidency, each session provides insights into the character and ideals of this iconic figure.

Whether you're a history enthusiast, a student of leadership, or simply curious about the life of one of America's most revered figures, this lecture series offers a compelling exploration of George Washington's life and lasting impact on the course of history.

Fri. 11/1-15 10-11:30 am **ONLINE**

Instructor: Dr. Matthew Hamilton Sessions: 3

**Dr. Matthew K. Hamilton** is a full-time faculty member of the History Department at the Collin College Central Park Campus in McKinney. He is a graduate of the University of North Texas with a Doctor of Philosophy in American history. Dr. Hamilton's area of expertise is the Antebellum South and has several scholarly publications and professional presentations to his name. Currently, he is working on Southern identity in the secession crisis of 1860.



## HISTORY (CONT.)

### Great American Presidents (Online)

The founders of the American Republic, in one of their most audacious decisions, created a strong and independent president. The world had never seen an office quite like the American Presidency that the founders put in place, through this act of genius, and it became the rock of the Republic. America's great presidents secured the stability of the nation and the peaceful transition of political power. Each one of the leaders to be explored in this course led the nation through a pivotal era of history and advanced the power and authority of the presidential office.

Thur. 10/10-31 11 am-12:45 pm **ONLINE**  
Instructor: Dr. Herb Weinstein Sessions: 4

**Herbert Weinstein**, Ph.D. received his B.S. from Tufts University and a Ph.D. and Sloan Postdoctoral Fellowship at Princeton University in Chemical Engineering. After a 32-year career in industry and as a private consultant doing oilfield research, adjunct teaching at colleges and private tutoring, he chose to enter secondary education. Herb has taught math at all levels and fundamentals of computer programming at Yavneh Academy, The Hockaday School and Parish Episcopal School and is now retired after 13 years of secondary education. "I did some great things in industry, but I feel that as a teacher, I have done even greater things; making a major difference in the lives of my students-students of all ages!"

### Great Discoveries

Albert Einstein, Marie Curie and George Washington Carver. These famous people challenged us to stretch our minds and see our world and our universe differently. Who were these amazing people and what led them to come up with their extraordinary discoveries? In this course, we will delve into the lives and times of these scientists. You do not need to be trained in math and science. Just bring your enthusiasm and sense of adventure.

Wed. 12/4-18 10:30 am-noon Campus: CYC Room 122  
Instructor: Don Wolman Sessions: 3

**Don Wolman** is a teacher, world traveler and writer. He teaches classes in world geography, travel, history, and science. Don holds a bachelor's degree in engineering from M.I.T. and a master's degree in physics from Tufts University. He is a strong proponent of collaborative lifelong learning and volunteers as a speaker/presenter around the DFW area.

### American Expansion 1800-1850 (Online)

This course will be a four-part discussion of the key events and leaders during the early 19<sup>th</sup> Century. We will concentrate on the American Expansion Westward.

Class 1: The Louisiana Purchase

Class 2: The War of 1812

Class 3: The Texas Revolution

Part 4: The Mexican American War

Wed. 9/4-25 1:30-3 pm **ONLINE**  
Instructor: Col. Jim Hogan (Ret.) Sessions: 4

**JP Hogan**, COL-S Army (Ret.) served as Armor and Cavalry officer in a variety of leadership positions for 29 years. JP is a graduate of Eastern Michigan University (B.S.), Shippensburg University (Master of Public Administration), and The United States Army War College (Strategic Studies). He is the co-founder and visionary for How2Lead.US, LLC, an experiential leader training and development company. In addition to offering Leader Development services to commercial enterprises, JP and his team support Army and USAF ROTC program leader development efforts on a pro bono basis.



## HISTORY (CONT.)

### Ordinary Americans in the Revolution (Online)

Traditional accounts of the American Revolution focus on battles, influential men and politicians. Yet figures like George Washington, John Adams and Thomas Jefferson were just a tiny fraction of the people who fought for or against independence. But what was that 8-year war like for soldiers, sailors, farmers, midwives and shopkeepers and for all of the other women and men of various ethnicities on whom the success or failure of the revolution rested? This course will focus on these special people.

Tue. 10/8-29 11 am-12:45 pm **ONLINE**  
Instructor: Dr. Herb Weinstein (see bio page 11) Sessions: 4

### The Remarkable 1950s

This three-part series explores the remarkable decade of the 1950s which was marked by significant cultural shifts and societal changes. Some key aspects of this era include: the post-World War II baby boom, a surging explosion of the gross national product, low unemployment, low inflation, and higher wages. Other important topics to be discussed relate to the nuclear arms race, the creation of the CIA and NSA as well as the exodus of middle-class families to the burbs. Overall, the 1950s were characterized by substantial changes in the U.S. educational curriculum, driven by domestic and international factors, with an emphasis on science, technology, social studies, and equal access to education.

Fri. 11/8-22 3-4:30 pm Campus: CYC Room 122  
Instructor: Dr. John Williams Sessions: 3

**Dr. John P. Williams** is a full-time Professor at Collin Colleges McKinney Campus. Prior to his teaching career, he worked in the corporate world as an information analyst and served in the United State Marine Corps. Dr. Williams's educational background includes an A.A. degree in Paralegal Studies, a B.A. degree in History, an M.A. in Teaching, and a master's in liberal arts. He recently finished his Ph.D. at the University of Texas at Dallas in 2020, which focused on Immigration to America, the First World War and the Lost Generation, and Nazi Germany and Holocaust. Currently, he is working on his first book and hopes to have it published in near future.

### The History of Organized Crime – Part II (Online)

"The History of Organized Crime" is an account of the criminal underworld in the United States. Starting in the mid-nineteenth century through the post World War II era, the class places organized crime in the broader context of American history, emphasizing the processes of immigration and urbanization, poverty and working-class studies, and political culture in American history.

Wed. 11/6-20 1:30-3 pm **ONLINE**  
Instructor: Dr. Ryan Pettingill Sessions: 3

**Ryan Pettengill**, Ph.D., earned a Doctor of Philosophy in American history from Michigan State University in 2009. In 2021, Dr. Pettengill began teaching at the Wylie campus with Collin College. His scholarship and research interest are based in the history of labor and working-class activism and his most recent book examines community-based activism in Detroit throughout the 1940's and 1950's. Dr. Pettengill's current research project involves the modern labor movement's involvement in human rights. He resides in the area where he and his wife are raising two wonderful children.

### The Horse and Its Impact on World History

Join us as we delve into the origins and history of the horse and how it was domesticated. We will look at the significant abilities that made the horse valuable to various human needs. History will show the importance of the adaptations of the horse and the important role they played in human history. The horse was bred and equipped for multiple roles from very early on to today's modern horse.

Tue. 9/3-17 11 am-noon Campus: CYC Room 122  
Instructor: Brian de la Houssaye Sessions: 3

**Brian de la Houssaye**'s father was a horse cavalryman of the 7<sup>th</sup> Regiment, long after Little Bighorn. His mother's folks ran cattle and horses from Stephenville to El Paso and he was given his first horse at the age of seven. Initially horses were for the pure fun had by any boy, followed by a little cow punching. In college he became interested in the athleticism of the horse, so, he learned to jump and play polo, riding often in the Southern Arizona Hunt and the Pima County Polo Club. He trained hunter/jumpers, including having one of his own horses qualify for the Pebble Beach Steeplechase. Because of his interest in history, he has read extensively about horse development and its impact on human events.

# HISTORY (CONT.)

## The Mexican American War and Manifest Destiny

This course will examine the role Manifest Destiny had on American expansion, the causes of the Mexican American War, the war itself, and the aftermath of the conflict.

Fri. 10/11-25 10-11 am Campus: CYC Room 122  
Instructor: Dr. Christopher Redgraves Session: 3

**Dr. Redgraves** has been teaching history for nine years, four of which have been with Collin College. His focus is on American history with an emphasis on African American soldiers.

## The Race of the Century: Building the Transcontinental Railroad

America began its rise to industrial dominance in the Gilded Age. A nation with seemingly unlimited natural resources, enterprising individuals with boundless enthusiasm, and unbridled invention led to the industrial and transportation revolution that transformed America between 1870 and 1900. Central to its expansive growth was the construction of the first transcontinental railroad. Called "the work of giants," its construction was an engineering marvel that forever altered the landscape.

Discover the incredible story of thousands of workers who, for just over a dollar a day, carved through granite mountains, crossed rivers and deserts, and laid tracks across challenging terrains. Learn about the epic race between the Union Pacific and the Central Pacific railroads to reach Promontory Point in 1869 and drive the golden spike!

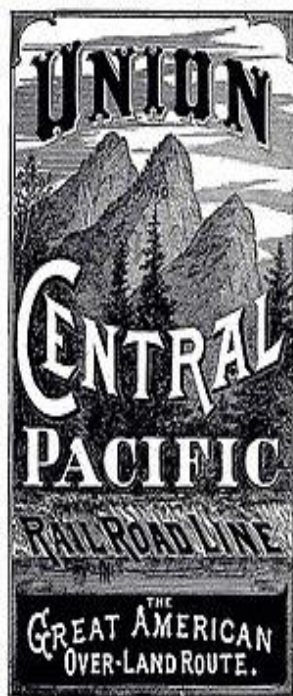
Join us at the Museum of the American Railroad to explore this remarkable chapter in history. Our tour showcases an impressive collection of steam locomotives, including the world's largest, weighing over 1.2 million pounds. Stretching over 130 feet long and boasting 24 wheels, this steel leviathan exemplifies the pinnacle of steam technology.

**Student Limit: 20 This course involves walking over uneven surfaces. Wear comfortable shoes. Limited wheelchair accessibility-please contact Museum for accommodations.**

Tue. 11/12 10-11:30 am Location: Museum of the American Railroad  
8004 N. Dallas Pkwy, Frisco, TX 75034  
Instructor: Melissa Johnson Sessions: 1

**Melissa Johnson** is a full-time faculty member of the History Department at Collin College. Melissa earned her B.C. and M.A. from Texas Woman's University, specializing in 19<sup>th</sup> Century American and Industrial history. She worked for the Museum of the American Railroad for many years, where she first began researching the Pullman Company.

**Michael Bracken** is a retired advertising executive who serves as a volunteer docent at the Museum of the American Railroad. His interest in the museum resulted from attending this very same SAIL class last year. Since that time, he has served as an integral member of the museum's on-going education program with the Frisco Independent School District.



## HISTORY (CONT.)

### Warrior Woman Anita Garibaldi: Italian Revolutionary

From Brazil to Italy, Anita Garibaldi fought for independence by the side of her husband, Giuseppe Garibaldi. Through multiple pregnancies, she fought on land, at sea, and even briefly endured captivity before she escaped. Both victories and defeats were known to her, but she and her husband prevailed and shortly after her death Italian independence was achieved. She is acknowledged as the mother of the Italian Revolution.

Thur. 9/5 1:30-2:45 pm Campus: CYC Room 122

Instructor: Karen Marcotte (\*new instructor) Sessions: 1

**Karen Marcotte** is a retired Professor Emerita in History and Humanities and taught for 40 years in the Alamo Community College District (ACCD) in San Antonio. Her last 30 years were at Palo Alto College in ACCD where she was a founding member. During those years she chaired the Social Sciences Department, developed and taught curriculum for the majority of the History and Humanities classes. She and her husband are avid travelers and have recently relocated to McKinney to be closer to family.

### World War II: Women at War (Online)

Women took on many new and adapted roles during World War II, including joining the workforce, joining the military, volunteering and adjusting to wartime shortages. This course will address how women served "for the duration."

Thur. 10/31-11/21 10:30 am-noon **ONLINE**

Instructor: Monica Cubberly Sessions: 4

**Professor Monica Cubberly** has a master's degree in history from the University of Texas at San Antonio and is currently a full-time faculty member on the McKinney Campus of Collin College. She has also taught part-time at the Rockwall, Frisco and Plano Campuses, while working as a full-time public-school teacher. History is her passion, and she enjoys sharing what she considers to be the most interesting information the past has to offer.

### WWII Lesser Stories: Recovery, Reconnection, Restitution

What happened to looted treasures, hidden and confiscated libraries, and dispersed families? What could be recovered? Who searched? What was restored? WWII resulted in lost valuables, lost people, and lost artifacts. Films and historical background presentations follow the trails of those desperately seeking recovery, reconnection, and restitution. The spirit of treasure hunters meets the longing for closure.

Thur. 10/3-24 11 am-12:30 pm CYC Room 122

Instructor: Dr. Janet Harris Sessions: 4

**Dr. Janet Harris** has taught literature and writing for over twenty-five years, coached readers and writers in pursuing their personal goals, and reviewed books. As an editor, Dr. Harris has guided writers in publishing over 150 books. She teaches literature and creative writing and advises SMU graduate students in completing theses and dissertations. She has retired several times, the first from UT-Dallas.



## LITERATURE/MUSIC/WRITING

### **Alias Grace by Margaret Atwood**

If you like plots wrapped in an enigma, if you like characters clothed in the mystery of guilt of murder (or not) confined to both prison and mental institution, if you like fiction based on famous actual murders, then this is the book for you. It is a wonderful read with Atwood's enticing prose leading you all the way through. The book is a bit long (460 pages), so allow yourself time to read and enjoy it. We will discuss four chapters in each class.

Suggestion: Read the book before you watch the film

Mon. 10/7-28 11 am-noon Campus: CYC Room 223  
Instructor: Margo Hicks Sessions: 4

**Margo Hicks** taught high-school English for thirteen years in Houston ISD before retiring ten years ago to move to Dallas to be near her family. Before going back to teaching in 1999, she was an insurance broker for oil and gas companies and has a CPCU designation. Margo has a B.A. in English and Drama from Ouachita University and a M.Ed. from the University of Houston.

### **Great American Short Stories Discussion Group**

We will discuss ten readings from *100 Years of the Best American Short Stories*, a volume of forty stories selected from more than 2000 that have been published in *The Best American Short Stories*' series. This is the longest-running and best-selling series of short fiction in the country. Our selection includes works by Hemingway, Fitzgerald, Porter, Faulkner, Welty, and Cheever, among others. *100 Years of the Best American Short Stories (2015)* is edited by Lorrie Moore and Heidi Pitlor and is available online.

**Five meetings: 10/22, 29, 11/12, 19, 12/3**

Tue. 10/22-12/3 11am-12:30pm Campus: CYC Room 229  
Instructor: Paul Dolliver Sessions: 5

**OR**

**Five meetings: 10/24, 31, 11/14, 21, 12/5**

Thur. 10/24-12/5 11am-noon **ONLINE**  
Instructor: Paul Dolliver Sessions: 5

**Paul Dolliver** earned degrees in History and Geology from Baylor University. He is a geologist, Texas Master Naturalist, reader, and walker. Paul currently teaches geology courses and SAIL classes at Collin College, in addition to Hill and Dallas Colleges.

### **Music 101: Playing with Sound - Part 2**

This course will start where the Part 1 course left off. Expect another erratic romp through music history from early works to film scores to music from the video game world. The class will hear all new orchestral works, opera selections, and instrumental solos in a wide and entertaining spectrum of sounds. Information about the composers and the works will precede each selection. As is usual with musicians, wild stories will be involved.

Fri. 10/4-18 10:30 am-noon Campus: CYC Room 229  
Instructor: Diana Walker Sessions: 3

**Diana Walker** has a bachelor's degree from Oklahoma City University and a Master's degree from Northwestern University. Both degrees are in piano performance. During the past 30 years, she has chaired a piano department at the university level and taught for community colleges. Diana has served the church community as pianist, organist, and choir director. She has arranged orchestral scores, put together chamber music concerts for radio and TV and has been a competition judge. Her students have won competitions and earned advanced degrees.

## LITERATURE/MUSIC/WRITING (CONT.)

### The Creative Writer's Toolbox: Creative Exercises for Inspiring the "Write" Side of Our Brains (Online)

This two-part online course introduces several writing exercises centered on creativity, self-expression, and enjoyment of writing micro-fiction. Participants will be encouraged to compose short pieces of prose and engage with imaginative literature as writers as we examine voice, character, setting, and themes to develop a set of skills that we can then apply to our current and future writing projects.

Thur. 10/10 & 10/17 3-4:30 pm **ONLINE**  
Instructor: Amanda Field Sessions: 2

**Amanda Field** earned her MFA in Creative Writing at Oklahoma City University. She is currently finishing her Ph.D. in Humanities in American Literature, Creative Writing, and the history of magic and science. As a full-time English professor at Collin College Wylie Campus. Amanda enjoys teaching writing, working on her own short story collections, novellas, and books, knitting gifts for others, and enjoying time with her growing family.

### The Love of Musicals

Please join us again as we continue with the history and the enjoyment of viewing great music productions from Hollywood, Broadway, and Stage. We will continue with some biographies and background stories of some of the performers, writers, and especially those songs and dances that will evoke your loved memories of the good times past and encourage us to look to a great future. Come a while and smile!

Mon. 11/4-18 11 am-12:30 pm Campus: CYC Room 122  
Instructor: Darrell Simmerman Sessions: 3

**Darrell Simmerman** holds a Bachelor of Science in Education from Indiana University and a Master of Arts in Teaching from Purdue University. He loves musical productions on stage and in the cinema and writes poetry, songs, and short stories. Darrell has taught at multiple universities and was the developer, manager and trainer of the Information Technology Curriculum for National Health Labs, Inc. while in Dallas.

### The Secret Life of Great Classical Music

We all love music and many of us have come to love one piece of classical music or another, but what do we know about its meaning? Is it just flowing and fleeting emotions or is there more? What makes it tick? *What is the secret of classical music?* It is full of stories and meaning—always! The secrets are also in the structure of the music and in the DNA--the harmonic changes! We will explore classical masterpieces by Mozart, Brahms, Schubert and Mahler. Come, see and hear for yourself!

Wed. 10/23-11/13 11 am-12:30 pm Campus: CYC Room 122  
Instructor: Steve Lund Sessions: 4

**Steve Lund** has taught writing, literature and music classes to adult, university, community college, high school, ESL (and even prison inmate) populations for 42 years. His Opera Society at Lutheran High School of Dallas was featured in the Dallas Morning News. Mr. Lund has also appeared on local radio stations (The Wolf, The Ticket and i93) talking about (believe it or not!) Mozart's opera, The Magic Flute, and Wordsworth poem about "Tintern Abbey." He is the author of a book about the James Joyce literary archives at Southern Illinois University and a grammar book entitled *Loving Grammar: Mr. Lund's Guide to Professional Clamdigging*.



# MATH/SCIENCE/TECNOLOGY

## Digital Story Telling

Digital Story Telling empowers participants to craft compelling narratives using modern tools. The course covers audio creation, transcription, and content sharing, addressing the need for effective communication in the digital age. Mastering the art of sharing your stories using mobile device apps and web-based tools.

Thur. 10/10 1:30-3 pm Campus: CYC Room 122

Instructor: Daphne Lee Sessions: 1

## iPhone Tricks and New Features

iPhone tips and tricks is a hands-on course covering photo management, customizing accessibility settings, and using Siri effectively to enhance daily smartphone usage and connectivity.

Thur. 11/14 1:30-3 pm Campus: CYC Room 122

Instructor: Daphne Lee Sessions: 1

## Take Better Photos with Your iPhone

We will explore iPhone photography in this beginner friendly class. Learn simple techniques to enhance your photos through the use of the iPhone's options like magnification, and touch accommodations to comfortably operate the camera and settings.

Thur. 9/12 1:30-3 pm Campus: CYC Room 122

Instructor: Daphne Lee Sessions: 1

**Daphne Lee** teaches professionals and individuals how to use technology – mobile devices, smartphones, computers, and peripherals. Her students are all “mature” adults. In addition to Microsoft networking certifications, she holds a Master of Science in Instructional Design degree from Boise State University and her goal is to increase individual performance through the effective use of technology. Daphne and her husband have been in the Dallas area for 25 years and have two beautiful Golden Retrievers.

## Energy and Power for Humans

Energy is one of the most important things needed by humans and the demand for this is greatly increasing with time, global population and affluence. Discussions in this class will include:

The original energy that started the Big Bang and how it went on to form our entire universe. Types of energy and power – including natural (solar, wind, water, geothermal); fossil fuels (coal, oil and gas) and nuclear fission. The history, pros / cons, environmental impacts and risks of each. How long could each last and which can be increased? The impact on society if adequate energy/power is not available. What are potential future new energy options (such as nuclear fusion, ocean currents, tides, waves and winds).

Tue. 11/5-26 10-11:30 am Campus: CYC Room 422/424

Instructor: Jack Ferguson Sessions: 4

**Jack Ferguson** has a degree in Chemical Engineering and Environmental Science. He attended Nuclear Power School and served in the U.S. Navy. Jack retired from the U. S. Environmental Protection Agency (Enforcement and Permitting programs). He taught as an Adjunct Faculty at Collin College for several years. He has volunteered with the Red Cross in national disaster operations and volunteered and taught courses in Astronomy and Energy at the Perot Museum in Dallas.

## Friendly Climate Science Workshop (Online)

Not everyone has the time to do a deep dive on climate science. But most of us can invest an hour or so to get comfortable with the basics, so we can better trust those who have committed their careers to scientific processes and discovery. The workshop uses *The World's Littlest Book on Climate*. Participants are to download a free pdf copy of this booklet at [www.tenintenco2.com](http://www.tenintenco2.com) and have available for the class.

Thur. 12/5 10:30-11:45 am **ONLINE**

Instructor: Larry Howe Sessions: 1

**Larry Howe** is a retired electrical engineering manager with the majority of his career spent working in the telecom industry. Larry has volunteered with Live Green in Plano since 2012 and with a climate education organization since 2016. He is active with a conservative action team building support for market-based economic opportunities for climate solutions.



## MATH/SCIENCE/TECNOLOGY (CONT.)

### Geologic Hazards: Earthquakes & Impacts (Online)

Our Earth has had a tumultuous past with many violent geologic processes acting on it to shape the Earth as we see it today. But are those processes dead or are they still working beneath our very feet? And if they are, how devastating will they be to us in the 21<sup>st</sup> century? We will review the mechanisms behind earthquakes and cosmic impacts, as well as the history of some of the most intense episodes that have affected the Earth across geologic time.

Mon. 10/7-21 11 am-12:30 pm **ONLINE**

Instructor: Greg Indelicato Sessions: 3

### Geologic Hazards: Volcanos (Online)

Our Earth has had a tumultuous past with many violent geologic processes acting on it to shape the Earth as we see it today. But are those processes dead or are they still working beneath our very feet? And if they are, how devastating will they be to us in the 21<sup>st</sup> century? We will review the mechanisms behind volcanoes and the history of some of the most intense volcanic episodes across geologic time.

Mon. 11/11-25 11 am-12:30 pm **ONLINE**

Instructor: Greg Indelicato Sessions: 3

**Greg Indelicato** holds a Bachelor's degree in Geology from Queens College, CUNY and a Master's degree in Earth and Space Sciences from Stony Brook University (SUNY). He has worked as a professional geologist in several capacities including minerals exploration, petroleum geophysics, exploration geochemistry, geotechnical and hydrogeologic engineering, and environment geology. He also had an opportunity to work with lunar rocks and glasses from Apollo 12 and 15. Greg has lectured on various subjects ranging from Physical Geology to exploration methods for base metals and uranium.

### Let's Talk About Earthquake Basics! (Online)

This course will explore earthquake fundamentals. We'll cover types of faults and what is special about each, discuss what is meant by "magnitude" and why it matters, think about how energy from an earthquake travels, and more! There's always time for questions in a discussion about earthquakes, so be sure to bring yours!

Fri. 9/27 10:30-11:30 am **ONLINE**

Instructor: Katherine Hedberg (\*new instructor) Sessions: 1

**Katherine Hedberg** is a geotechnical engineer, specializing in seismic design and earthquake engineering. She has a Ph.D. from the University of California, Berkeley, in civil engineering with a focus on geotechnical earthquake engineering and loves talking about earthquakes! As a consulting engineer, she has worked on domestic and international projects in seismically active regions, including New Zealand and California. She is currently working as a professor at Collin College.



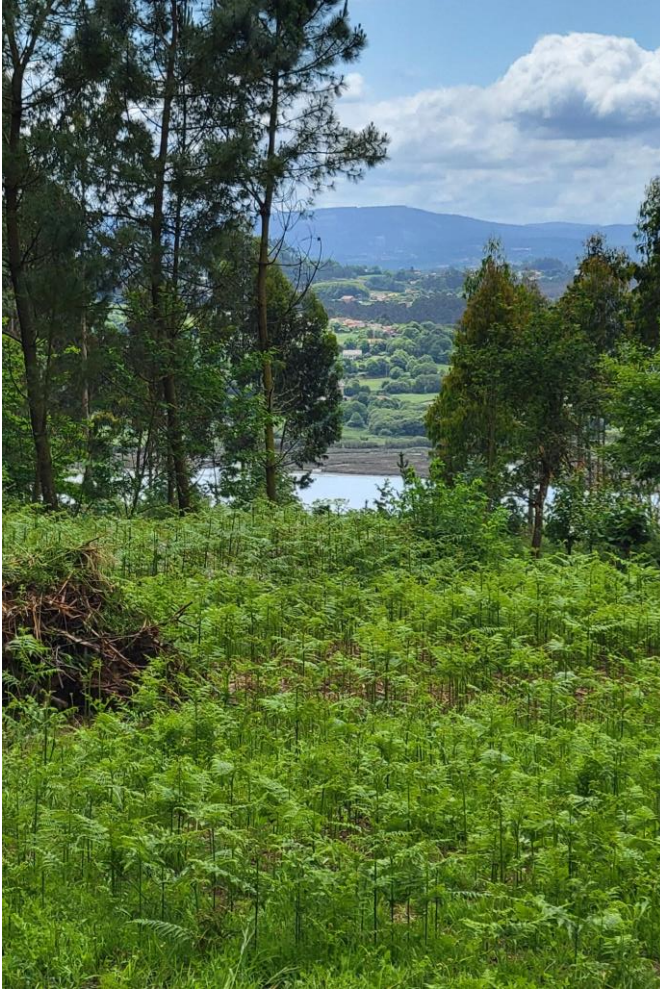
**Without the assistance of  
volunteers, we wouldn't  
"SAIL" so smoothly.**

 **Thank  
you  
Volunteers!**



# SAIL GUEST SPEAKER

## DR. ALLISON VENUTO



**Walking the  
Camino de  
Santiago in Spain**

**Thursday, Sept. 19  
3-4 p.m.**

**Virtual  
Presentation**

Dr. Allison Venuto serves as VP of Training and Development at the Collin Higher Education Center. Previously, she taught as an adjunct professor and full-time professor in the Education Department at Collin College. She and her husband have walked three different stretches of the Camino de Santiago since 2018 and are already planning their next one.

# IDENTITY THEFT, FRAUDS, & SCAMS

*Sponsored by SAIL - Scholars Active in Learning*



## *Participants will learn:*

- How to deter identity theft and how to detect any problems
- Important steps to take should you discover your identity has been stolen
- About current frauds & scams and how to avoid them

***Tuesday, September 24, 2024***  
***10:00-11:00 AM***

**Collin College Courtyard Center – Room 122**  
4800 Preston Park Blvd, Plano, TX 75093

For questions contact:  
**Sherry Scamardo**  
(972) 985-3788

## ***Officer Chris Bianez, CSP™***

- *Certified Speaking Professional (CSP™)*
- *Certified Crime Prevention Specialist*
- *Over 27+ years law enforcement officer*
- *MS in Human Resources Training & Development*



972-941-2437 • christopherb@plano.gov

# SAIL GUEST SPEAKER

## Rhythms, Riches, and Relocation: The Roaring Twenties

**DR. AARON WEST and BRETT ADAMS**

The 1920's witnessed major internal migration in the United States, most notably the Great Migration of African Americans from the rural South to Northern urban centers. This influx brought vibrant musical traditions such as blues and jazz to cities like Chicago and New York. This burgeoning music industry capitalized on these cultural shifts, leading to the rise of influential record labels and radio stations.



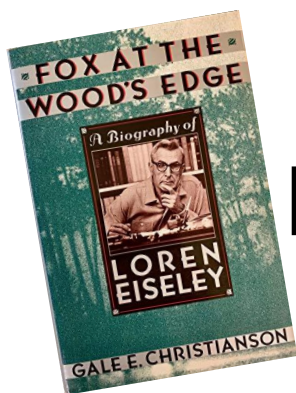
**Wednesday, Oct. 23 2-3 p.m.**  
**Courtyard Center**  
**Room 122**

**Brett Adams** has a Master's Degree from the University of Tulsa and has been teaching history at Collin College since 2004. His areas of study are mostly the American West and The Progressive Era. Brett has been presenting SAIL lectures with Dr. West for about 5 years.

**Aaron West, Ph.D.,** has been a professional musician since he was fifteen years old. He has performed with jazz and pop legends such as Arturo Sandoval, Brian Wilson, Norah Jones, and the Glenn Miller Orchestra. He released his first solo album in 2007, titled, *Colors and Angles*. He has taught courses related to Western art music and American popular music at Collin College since 2011.

# SAIL GUEST SPEAKER

**PAUL DOLLIVER**



***Loren Eiseley:***  
**Fox at the Wood's Edge**



**Tuesday, Nov. 5 11:30 a.m.-1 p.m.**  
**Courtyard Center**  
**Room 122**

Mr. Dolliver will introduce us to the life and works of Loren Eiseley (1907-77), an American anthropologist, educator, philosopher, and natural science writer. Eiseley has been called “the modern Thoreau” and his writings often evoke the feeling that “we are accompanying him on a journey into the very heart of the universe”.

Inspiration for this lecture is the *Star Thrower*, an anthology of Loren Eiseley's writing published in 1978 and *Loren Eiseley: Collected Essays on Evolution, Nature, and the Cosmos* (2016).

Paul Dolliver earned degrees in history and geology from Baylor University. He also pursued graduate studies in the History of Science at Harvard University. He is a geologist, college instructor, reader, walker, and Texas Master Naturalist. Paul has been involved with SAIL for several years and has facilitated discussion groups for over 30 years. He currently teaches oceanography at Collin College.

# SAIL GUEST SPEAKER

**TAISHUN HARRINGTON**

## **Dirty Dozen Tax Scams**

The Dirty Dozen represents the worst of the worst tax scams. Compiled annually, the Dirty Dozen lists a variety of common scams that taxpayers may encounter anytime, but many of these schemes peak during filing season as people prepare their returns or hire someone to help with their taxes. Don't fall prey!



**Thursday, Nov. 14 11a.m. - noon**

**ONLINE CLASS**

**(Link will be emailed to registered students)**

Taishun Harrington works for the IRS in the Communications and Liaison Division as a Stakeholder Liaison in Dallas, Texas. As a Stakeholder Liaison, she collaborates, informs, and communicates priority outreach messages to all taxpayer communities, including small businesses, community associations and tax practitioner organizations. Taishun's goal as a Stakeholder Liaison is to establish and maintain working relationships with practitioners and industry organizations while fostering an environment that welcomes feedback that will help the IRS with their mission.

Taishun joined the Internal Revenue Service in 2007 as a Customer Contact Representative, and later served as a Field Revenue Officer. In these roles, she worked with individuals, small businesses, and their representatives to help them understand their tax compliance responsibilities and resolve their tax compliance issues. Before joining the IRS, Taishun worked in the higher education field as an Enrollment Advisor. She holds a Bachelor's degree in Sociology from the University of Texas at Austin and a MBA with a concentration in Human Resources from Keller Graduate School of Management.

During her downtime, she enjoys reading and spending time with her lovely kids.

# IN THE KNOW!



## **Classroom and Online Courtesy**

Please be respectful and polite to your instructors and classmates. We are all here to learn, even if we have different opinions! **Share the Floor:** Be mindful of how much you're talking and give others an opportunity share their thoughts and voices.

Be sure you are on time for your classes and if it is an ONLINE CLASS, **mute your mic** when you join and ON CAMPUS CLASSES, **mute your cell phone** when you enter the classroom.

## **Class Cancellations/Changes/Campus Closures**

If a class needs to be cancelled or changed, we do our best to notify the students who registered as quickly as possible. A replacement class of your choice can be added based on space availability. Please contact the SAIL office to add your name to the roster. Changes will also be posted on the SAIL bulletin board at the Courtyard Center in Plano.

**If there is a college wide emergency or closing due to inclement weather, check the college website, [www.collin.edu](http://www.collin.edu) or the SAIL website, [www.collin.edu/sail](http://www.collin.edu/sail) for details.**

## **Campus Classroom Food & Drink Reminder**

Please be considerate of other students and **do not bring food** into the classrooms (*unless it is a designated Lunch & Learn course*). It can be messy and distracting to those around you. Students are welcome to bring a lunch or snack and visit one of the campus student lounges.

We recommend that students bring sweaters to class as the classroom can get a bit chilly in the summer months and chilly in the winter months.



## **Parking**

Parking is free at Collin College! We recommend that you come early for your class to secure your preferred spot.

Please note that parking spaces fill up fast. Collin College does provide handicap parking, but these spots fill up fast as well. Please be aware that the Courtyard Center parking garage does not have an elevator.

## **SAIL Website and Facebook**

Stay on top of the latest with SAIL by going to the Collin College SAIL website or Facebook page:

**Website:** [www.collin.edu/sail](http://www.collin.edu/sail)      **Facebook:** [www.facebook.com/CollinCollegeSAIL](http://www.facebook.com/CollinCollegeSAIL)

## **Lost and Found?**

If you have left something behind, contact:

**Courtyard Center (CYC) – SAIL office-**Ste. 116 (972) 985-3788 or 3789, Registrar's office (972) 985-3788

*We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.*





### **BASIC DRAWING SKILL BUILDING (Lori Ruml)**

Sketchbook

Set of Drawing pencils

Eraser

Smudge Stick

### **PAINTING STUDIO (Lori Ruml)**

This class is a “bring your own” supplies class!

### **INTRODUCTION TO WATERCOLOR (Rani Velma)**

#### **Supplies:**

1. Watercolor paints (choose a basic set of primary colors or bring what you already have)
2. Watercolor paper (cold press, 140lb or 300gsm) 9”x12” is good size  
(or purchase sheets from the instructor **(\$2.00 per sheet)**)
3. Watercolor brushes (natural or synthetic, round and flat)
4. Water container (art classroom has several for students to use!)
5. Palette or mixing tray
6. Pencil and eraser
7. Masking fluid (optional)
8. Spray bottle (for creating texture and blending)

*Additional Watercolor Supplies (nice to have but not necessary for class):*

1. Watercolor sketchbook or journal
2. Tape or clips (for securing paper to a board)
3. Blotting paper or cloth
4. Pencils or pens (for added details or textures)
5. Reference materials (photos, still-life setups, etc.)

# RANI VERMA – FALL 2024-Course Syllabus

## Day 1: Introduction to Watercolor

### *Understanding Watercolor*

1. Overview of watercolor painting
2. Introduction to materials: watercolor paints, brushes, paper
3. Explanation of watercolor techniques: wet-on-wet, wet-on-dry
4. Demonstration of basic brushstrokes

### *Color Theory and Mixing*

1. Basic color theory: primary, secondary, and tertiary colors
2. Mixing colors: how to create a color chart
3. Demonstration of color mixing techniques
4. Practice mixing colors and creating gradients

## Day 2: Foundations of Watercolor Painting

### *Basic Techniques*

1. Review of previous day's techniques
2. Introduction to wash techniques: flat wash, graded wash, and variegated wash
3. Demonstration of various brush techniques: dry brushing, splattering, lifting
4. Practice exercises to master brush control

### *Composition and Sketching*

1. Importance of composition in watercolor painting
2. Basic principles of composition: rule of thirds, leading lines, focal point
3. Sketching techniques: using pencil or light watercolor pencil

## Day 3: Painting Techniques and Textures

### *Layering and Glazing*

1. Explanation of layering and glazing techniques
2. Demonstration of layering colors to create depth
3. Practice exercises on layering and glazing

### *Creating Textures*

1. Introduction to creating textures with watercolor
2. Demonstration of techniques for creating texture: salt, alcohol, plastic wrap, etc
3. Practice creating textures on sample paintings

### **Day 4: Final Projects and Critique**

#### *Final Project*

1. Review of techniques learned so far
2. Selection of a final project: landscape, still life, or portrait
3. Demonstration of planning and executing a final project
4. Critique of final projects: positive feedback and constructive criticism
5. Tips for continuing to improve in watercolor painting



## FREQUENTLY ASKED QUESTIONS

### **\*Are there requirements to join SAIL?**

If you are 55 or over and enjoy learning and meeting new people, you qualify!

### **\*What types of classes are offered and who teaches the SAIL classes?**

History, literature, art appreciation, current events and lifestyle interests are just a sampling of the classes offered in SAIL. The SAIL instructor community includes talented presenters, college professors and business leaders with categorical expertise.

### **\*Do I need to have a degree to join the SAIL program?**

No degree is required, the only requirement is a passion for learning and enrichment!

### **\*When are SAIL classes held?**

SAIL classes are conveniently held Monday-Friday between 9:30 a.m. and 4:30 p.m. Collin College parking is free!

### **\*Where are SAIL classes held?**

Classes will be a mix of on campus and online as indicated in the SAIL schedule. Campus class locations vary by semester.

### **\*How do I add SAIL courses after I have registered?**

Easy! Contact the SAIL office at 972.985.3788 or email [sail@collin.edu](mailto:sail@collin.edu) and we can add any additional courses if they are available. If the class is closed, we can add you to the waitlist. You will be contacted by phone or email when a space becomes available.

### **\*If there is a class cancellation or change to a class that I registered for, will I be notified?**

Sometimes, we may have a change or emergency cancellation on a class. If you have **registered** for that class, we will email you as soon as we can, so please check your emails! Registered members may attend another course of their choice, based on seat availability. Contact the SAIL office with any questions.

### **\*When do I receive the link for an online class?**

If you have registered for an online class, the link will be emailed to you 2 days before the class begins. The link will be a recurring link, so if the class is multiple sessions, save the link for the next class!

### **\*Can I bring a guest to a SAIL class?**

Definitely! A current member can bring one guest per semester to join you in a class if an extra seat is available. Please contact the SAIL office at 972.985.3788 **prior** to bringing them to class to verify seat availability.

### **\*Can I suggest a class and are there volunteer opportunities?**

Yes! We rely on our membership to keep the "sails" running smoothly. Email the sail office [sail@collin.edu](mailto:sail@collin.edu) or call us, 972.985.3789. We have various positions to fit your style and know your time is valuable. We are happy with any time offered.

### **\*Are there refunds for SAIL membership?**

Sorry, there are no refunds for SAIL memberships after the semester begins.

# ZOOM TIPS & TRICKS

**Zoom is a web conferencing platform that is used for audio and/or video conferencing.** You do NOT need an account to participate in a Zoom session. You will be prompted to download the Zoom application if you haven't already (only needed once per device or computer)

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## **Create a Virtual Learning Folder for Your Class Links**

If you are registered for a SAIL virtual class, your instructor or the SAIL office will email the link to you a few days before your class begins.

**SAVE** this link in a convenient place, so you can access it for the next class.

## **Joining a Zoom Meeting**

How do I join on a **Desktop or Laptop Computer?** [CLICK HERE](#)

How do I join by **Telephone?** [CLICK HERE](#)

How do I join using the **App?** [CLICK HERE](#)

## **Sharing a Virtual Link**

We love to share information with our friends and family, but in order to keep the privacy of registered students and prevent “Zoom Bombing”, please do not share the link with anyone.

If you know a SAIL student that would like to join additional classes, they can contact the SAIL office at 972-985-3788 to be added to the class roster. We will be happy to email the link!

## **Zoom Resources**

Please click on the links below, to be directed to Zoom Help Page

- [Getting Started](#)
- [Audio, Video, Sharing](#)
- [Zoom Rooms](#)
- [Video Tutorials](#)
- [Zoom App for iOS](#)
- [Zoom App for Android](#)
- [Zoom Privacy Policy](#)
- [Preventing Zoom Bombing](#)

<https://zoom.us/privacy>