



# SUMMER 2023 Schedule



[www.collin.edu/sail](http://www.collin.edu/sail)



[sail@collin.edu](mailto:sail@collin.edu)



972.985.3788

Courtyard Center  
4800 Preston Park Blvd, Ste.116  
Plano, TX 75093

SAIL is an educational program operated by and for individuals 55 years of age or better under the sponsorship of Collin College Continuing Education.



## Welcome to Summer 2023 Semester!

If you are new to SAIL, we extend a warm welcome and if you are a returning SAIL member, we are so excited to have you back! Our incredible Instructors have worked hard to put together a brain stimulating and fun summer schedule.

SAIL (Scholars Active in Learning) launched its first semester under the sponsorship of Collin College in Fall 1996 and has been serving our lifelong learners ever since! We offer a fall, spring and summer term and each semester brings all new content to challenge and stimulate your brain. It's a great way to socialize, meet new friends and share your love of learning!

SAIL classes are open to members who are 55+ and have an interest in learning! Did you know that anyone that meets the age requirement can take SAIL classes from anywhere in the world?

Be sure to tell friends and family to check out the summer 2023 schedule, even if they don't live in the area. We want others to be able to "SAIL" with us!

The summer 2023 schedule will be a combination of **on campus classes and online classes**. Each course in the summer schedule will indicate if it is **on campus, or online**.

Be sure you choose the drop-down option and select your preferred course delivery.

Online learning links to your class will be emailed to you, if you have **registered** for that class, 2-3 days before the class starts. Be sure to save the link where you can easily find it, as most links will be re-curring for that particular course.

SAIL has been going strong at Collin College since 1996 and it is our members and instructors that make this the amazing program it is today. We thank each and every one of you for "sailing" with us.

Enjoy your classes this summer semester and feel free to contact the SAIL office with any questions at **972.985.3788** or email [sail@collin.edu](mailto:sail@collin.edu).

**Sherry J. Scamardo**  
SAIL Program Director



## DROP YOUR ANCHOR

### SAIL Office

Courtyard Center  
972.985.3788

### Office Hours

Monday-Friday, 8 a.m.-5 p.m.

### Website

[www.collin.edu/sail](http://www.collin.edu/sail)



Follow us on Facebook!

Collin College Scholars Active in Learning

### SAIL Crew:

Dr. Brenden Mesch Vice President/Provost Technical Center - Courtyard Center

Karen Musa Executive Dean-Courtyard Center

Sherry Scamardo Director-SAIL Program-Courtyard Center

Volunteers Our countless volunteers that assist!

### SAIL Campuses:

Courtyard Center

Celina Campus

Collin Higher Education Center

Farmersville Campus

Wylie Campus

4800 Preston Park Blvd., Plano, TX 75093

2505 Kinship Parkway, Celina, TX 75009

3452 TX-399 Spur, McKinney, TX 75069

501 S. Collin Parkway, Farmersville, TX 75442

391 Country Club Road, Wylie, TX 75098

**SAIL is an educational program for individuals 55 years of age or older under the sponsorship of Collin College Continuing Education.**



## SUMMER 2023 REGISTRATION INFORMATION

Membership Cost for Summer Courses	\$25.00
Number of Courses I Can Take	Unlimited courses!!
When Does Registration Begin?	<b>MAY 22 (Monday)</b>
When Do Classes Begin?	<b>JUNE 1 (Thursday)</b>
How Do I Sign Up?	See registration options below.

### Registration Options (Begins 5/22/23)

1. **Register online**, and **pay online** by credit card, [www.collin.edu/sail](http://www.collin.edu/sail)  
*We accept VISA, MasterCard, and Discover*
2. **Register online** but **pay by telephone**. Contact the Bursars office.  
**972-985-3724** or the SAIL office **972-985-3788**.  
(Please have the 5-digit registration number that you received when you registered)
3. **Register at the Courtyard Center** in Plano, Suite 116.  
[sail@collin.edu](mailto:sail@collin.edu) 972.985.3788. Monday-Friday 8 am-5 pm
4. **Mail In:** Download a worksheet form or send us a list,  
and mail it back with your check (payable to SAIL) to:  
Collin College (SAIL)  
4800 Preston Park Blvd., Suite 116  
Plano, TX 75093

**Please note that classes are filled on a first come basis.**

**Need assistance with registration? Contact the SAIL office at 972.385.3788 or email us at [sail@collin.edu](mailto:sail@collin.edu).  
We are here to help!**

**SAIL Tip:** Summer classes will be face to face on campus and online classes.

**SAIL Tip:** If you have registered successfully, the system will generate a 5-digit number.

**SAIL Tip:** Your registration confirmation will go to your spam folder, so be sure to check it for your copy.

**SAIL Tip:** Choose your classes before you register, so the system doesn't time out on you! There is a worksheet online to print out that is helpful to write down your classes, before you register.

**SAIL Tip:** If a class is full, the system will say, **class not available**. Contact the SAIL office by email, [sail@collin.edu](mailto:sail@collin.edu) if you would like to be put on a waiting list.

*We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.*

**SAIL classes are not eligible for the Texas resident 65 and older tuition exemption.**

**Please note that once the semester starts, there are no refunds on SAIL membership costs.**

## SAIL SUMMER 2023 CATEGORIES AND COURSES

<u>CATEGORY</u>	<u>PAGE(S)</u>
<b>ARTS/ART HISTORY</b>	1
Paint with Me! <b>ONLINE</b>	
Basic Drawing Skill Building! <b>ONLINE</b>	
Floral Collage Painting	
Painting Studio	
<b>DISCUSSION</b>	2, 3
British Soul Food!	
“Our Daily Bread” from Seeds to Challah	
Cognitive Biases <b>ONLINE</b>	
How to Avoid Overpaying Taxes in Retirement	
Israel: A Re-visit	
U.S. Flag Care and Etiquette ON CAMPUS & <b>ONLINE</b>	
<b>GAMES</b>	4
Drop in and Play Mah Jongg!	
<b>HEALTH/LIFESTYLE/WELLNESS</b>	5, 6
Hawaii – An Inside View from a World Traveler	
Introduction to Vodka, Gin, Tequila & Rum <b>ONLINE</b>	
Let’s Move! <b>ONLINE</b>	
Living a More Grounded Life	
<b>HISTORY</b>	7,8,9,10
A Visit with Ebenezer Allen <b>(Bring Your Friend to Class!)</b>	
Custer in the Civil War	
Federalists and Republicans in the Early Republic	
Franklin, Edison, and Carver – They Changed the World	
Go Pullman: The Era of Luxury Rail Travel in America (OFF CAMPUS)	
Spanish American War and U.S. Policy in Cuba <b>ONLINE</b>	
Knitting, Wars and Spies, Oh My! <b>(Bring Your Friend to Class!)</b>	
The Whole World in One Square Inch	
WWII Pacific Naval Battles	
<b>LITERATURE/FILM/MUSIC</b>	11, 12
Great American Short Stories Discussion Group ON CAMPUS & <b>ONLINE</b>	
Summer Novel Discussion Group ON CAMPUS & <b>ONLINE</b>	
The Love of Musicals	
Vision of a Life: Gilead by Marilynne Robinson	
WWII Stories Beyond History’s Headlines	
<b>MATH/SCIENCE/TECHNOLOGY</b>	13
Artificial Intelligence (AI): From ChatGPT and Beyond	
Intro to Password Vaults, VPN and Antivirus Applications <b>ONLINE</b>	
The History of Flight <b>ONLINE</b>	
Inventions That Changed the World <b>ONLINE</b>	

## SAIL SUMMER 2023 -By Day of the Week

Select X	CATEGORY	TITLE	CAMPUS	Day	START TIME	END TIME	BEGIN DATE	END DATE	PAGE
	DISC	How to Avoid Overpaying Taxes in Retirement	CYC	Mon	11:15	12:15	6/5	6/12	2
	HWL	Hawaii-An Inside View from a World Traveler!	CYC	Mon	10:00	11:30	6/5	6/12	5
	HIST-OL	Spanish American War and US Policy in Cuba	OL	Mon	1:30	3:00	6/5	6/12	9
	DISC	"Our Daily Bread" from Seeds to Challah	CYC	Mon	1:00	2:00	6/12	6/12	2
	DISC	British Soul Food!	CYC	Mon	1:00	2:00	6/19	6/19	2
	HIST	Federalists and Republicans in the Early Republic	CYC	Mon	1:30	2:30	6/19	6/26	8
	HIST	Knitting, Wars and Spies, Oh My! (Bring a Friend!)	CYC	Mon	10:30	11:30	6/19	6/19	10
	ARTS	Floral Collage Painting	CYC	Tue	1:00	2:00	6/6	6/27	1
	ARTS	Painting Studio	CYC	Tue	2:15	3:30	6/6	6/27	1
	HIST	Franklin, Edison and Carver - They Changed the World	CYC	Tue	10:00	11:30	6/6	6/20	8
	HIST	The Whole World in One Square Inch	CYC	Tue	1:30	3:00	6/6	6/20	10
	LFM	WWII Stories Beyond History's Headlines	CYC	Tue	11:00	12:30	6/6	6/27	12
	MST-OL	History of Flight	OL	Tue	11:00	12:45	6/6	6/27	13
	ARTS-OL	Basic Drawing Skill Building! Online Drawing Lessons	OL	Wed	2:10	3:00	6/7	6/28	1
	ARTS-OL	Paint With Me! Online Paint Along Classes	OL	Wed	12:30	1:45	6/7	6/28	1
	Games	Drop in and Play!	CYC	Wed	1:30	3:30	6/7	6/28	4
	HIST	Custer in the Civil War	CYC	Wed	1:30	3:30	6/7	6/14	8
	LFM	Vision of a Life: Gilead by Marilynne Robinson	CYC	Wed	1:30	2:30	6/7	6/28	12
	HIST	WWII Pacific Naval Battles	CYC	Wed	1:30	3:00	6/21	6/21	10
	LFM	The Love of Musicals	CYC	Thur	11:00	12:30	6/1	6/15	11
	LFM	Artificial Intelligence (AI): From ChatGPT and Beyond	CYC	Thur	1:30	3:00	6/1	6/8	13
	HWL-OL	Introduction to Vodka, Gin, Tequila & Rum	OL	Thur	11:00	12:30	6/8	6/29	5
	MST-OL	Inventions That Changed the World	OL	Thur	11:00	12:45	6/8	6/29	13
	DISC	Israel: A Re-visit	CYC	Thur	1:30	3:00	6/15	6/15	2
	MST-OL	Intro to Password Vaults, VPN and Antivirus Applications	OL	Thur	1:30	3:00	6/15	6/15	13
	HIST	A Visit with Ebenezer Allen <b>(Bring a Friend!)</b>	CYC	Thur	10:30	11:30	6/22	6/22	7
	DISC	Cognitive Biases	OL	Fri	9:00	10:00	6/2	6/23	2
	HIST	Go, Pullman: The Era of Luxury Rail Travel in America	Frisco	Fri	10:00	11:30	6/2	6/2	9
	DISC	U.S. Flag Care and Etiquette	CYC/OL	Fri	10:30	12:00	6/9	6/9	3
	LFM	Great American Short Stories Discussion Group	CYC/OL	Fri	11:30	1:00	6/9	6/16	11
	HWL	Living a More Grounded Life	CYC	Fri	11:00	12:00	6/23	6/30	6
	LFM	Summer Novel Discussion Group	CYC/OL	Fri	11:30	1:00	6/23	6/23	11
	HWL-OL	Let's Move!	OL	Sat	8:30	9:30	6/3	6/24	6

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Contact # \_\_\_\_\_ Emergency Contact # \_\_\_\_\_

Email \_\_\_\_\_ REGISTRATION # \_\_\_\_\_

Payment: Check# \_\_\_\_\_ Cash \_\_\_\_\_ Credit Card \_\_\_\_\_ Exp. \_\_\_\_\_ CVS \_\_\_\_\_

# ARTS

## ARTS-OL - Paint with Me! **ONLINE**

In this online class, I will lead you in completing a beautiful painting in each class! Everyone will paint the same painting, similar to the classic Bob Ross Painting shows. I will lead you step by step! To join lessons, you simply click on a link I will email to you along with instructions, and you can join the painting webinars from any computer or tablet with access to the internet.

**Student Limit: 25 (see supply list at back of schedule)**

Wed. 6/7-6/28 12:30-1:45 pm **ONLINE**  
Instructor: Christine Smith Sessions: 4

## ARTS-OL - Basic Drawing Skill Building! **ONLINE**

In this course, we will learn basic drawing principles and skills and complete quick drawings based off of what you learn. This will be a combination of video lessons, and a draw along with me demonstration. All levels of drawing skills are welcome. To join lessons, you simply click on a link I will email to you along with instructions, and you can join the painting webinars from any computer or tablet with access to the internet.

**Student Limit: 25 (see supply list at back of schedule)**

Wed. 6/7-6/28 2:10-3 pm **ONLINE**  
Instructor: Christine Smith Sessions: 4

Christine Smith is a professional artist whose career has spanned multiple areas of expertise. A graduate of The Art Institute of Dallas, she started her career out of college into the video game industry, creating art and animation. She is accredited on seven published titles over a decade long span in the entertainment industry. She spent years freelancing as a graphic designer, photographer, and web developer, until she founded The WERX Foundation, and served as President and Executive Director, assisting nearly 100 start-up companies over to become successful small business. Christine is also a fine artist, an Adjunct Professor at Collin College and serves as Chairman of the Visual Arts League of Allen (VALA). As an extension of VALA, she set-up and curates the VALA Gallery in the Cotton Mill of McKinney.

## ARTS - Floral Collage Painting

Create a floral collage painting using decorative papers, magazines, and other collage materials. After we create our collage, we will use other media such as paint, ink, pencil, charcoal, and pastels to finish off our artwork. You bring a canvas of your size choice, and all other supplies will be provided for this fun and creative project.

**\*A \$5.00 supply fee is due on the first-class day.**

**Student Limit: 24 (see supply list at back of schedule)**

Tue. 6/6-6/27 1-2 pm Campus: CYC Room 337  
Instructor: Lori Ruml Sessions: 4

**\*This is a hands-on art course** 

## ARTS - Painting Studio

Enjoy the camaraderie and input of fellow students while you work in the painting medium of your choice. The studio class will be facilitated by an instructor with knowledge of painting in watercolor, acrylic, and oil paint who can answer your questions and help you along in your individual painting journey. Class discussions and critiques will enhance the learning process along with learning how other students approach various mediums and style of painting.

**Student Limit: 24**

Tue. 6/6-6/27 2:15-3:30 pm Campus: CYC Room 337 &336  
Instructor: Lori Ruml Sessions: 4

**\*This is a bring your own supplies class**

Lori Ruml has an M.A. in Art Education with a concentration in Watercolor. She has been teaching since 1995. She received a scholarship to an Art program in Europe to study with watercolor artist, Rob Erdle, while working on her M.A. As the owner of *The Art Experience*, she also does murals, custom work, and art parties in addition to community art classes. Her interests extend to all mediums of art from acrylic, oil, and watercolor to sculpture and pottery. She has also had the honor of learning from Renaissance style painter, Frank Covino, focusing on oil painting in classical styles.

## DISCUSSION

### DISC - British Soul Food!

Did you know that fried fish was thought to have been brought to the UK by Spanish and Portuguese refugees during the 16<sup>th</sup> century. Fish and Chips is a favorite "soul food" with the British and Chocolate Bounty Bars! The British have an obsession with *Supper – To – Go – in- a Newspaper*, and *Chocolate and Coconut anything!* We will talk more about these topics in our summer class!

Mon. 6/19 1-2 pm Campus: CYC Room 229

Instructor: Kyra Effren Sessions: 1

### DISC - "Our Daily Bread" from Seeds to Challah

In this summer class, we will chart the history of bread which for 30,000 years has provided sustenance, bolstered religion, reflected ethnic identity, and even served as the plate! Join us as we learn about the importance and evolution timeline from harvesting to the family table!

Mon. 6/12 1-2 pm Campus: CYC Room 229

Instructor: Kyra Effren Sessions: 1

Kyra Effren has had extensive and international experience in the world of food and cookbooks! She received her bachelor's in social sciences from UCT Cape Town, RSA. Kyra did her post grad studies in Labor Relations at Columbia University. Kyra was the owner of Cours de Cuisine Cooking School and worked with The Dallas Morning News for over 15 years. She currently is collaborating with the City of Dallas and other organizations to combat food insufficiency in Dallas with the elderly population.

### DISC - Cognitive Biases **ONLINE**

Cognitive Biases are systematic errors in thinking and processing as we take in the world around us. This class is an opportunity to learn more about our cognitive biases and discuss!

Fri. 6/2-6/23 9 am-10 am **ONLINE**

Instructor: Sarita Malhotra Sessions: 4

Sarita Malhotra is a Certified Personal Trainer with a special focus on nutrition and gentle yoga. She holds a B.S. in psychology from UTD. Sarita has a passion for healthy cooking and eating and is an advocate of a healthy lifestyle for both mind and body. She practices mindfulness meditation on a regular basis and teaches practical techniques for stress management.

### DISC - How to Avoid Overpaying Taxes in Retirement

The problem is simple: Most people pay more in taxes in retirement than is necessary. Because retirees, and those preparing to retire don't understand the complicated role of taxes in retirement, they could end up stumbling into horrific and costly mistakes.

This course is designed to guide you through some of the "tax traps and opportunities" that retirees face through the four states of retirement.

Mon. 6/5 & 6/12 11:15 am-12:15 pm CYC Room 229

Instructor: Joe Dowdall Sessions: 2

Joe Dowdall, MBA has worked in the financial services industry for over 17 years and has spent the last 13 years as a financial planner in North Texas. He earned his bachelor's degree from the State University of New York and his M.B.A. in Finance from Saint Joseph's Haub School of Business. Joe is a certified Financial Planner (CFP®), Chartered Retirement Plan Consultant (CRPC) and a Retirement Income Certified Professional (RICP).

### DISC - Israel: A Re-visit

This lecture examines Israel, focusing on the forces that have shaped its statehood and nationhood. The lecture also discusses the role and legacy of "King" Bibi Netanyahu related to recent developments in Israel.

Thur. 6/15 1:30-3 pm CYC Room 122

Instructor: Dr. Lishan Desta Sessions: 1

Lishan Desta, Ph.D. earned a doctorate in political science from the University of Texas Dallas. He is full-time faculty at Collin College McKinney Campus teaching Economics. He has lived on three continents and teaches from his varied background in history, culture, and world affairs.



## DISCUSSION (CONT.)

### DISC- U.S. Flag Care and Etiquette \*On campus and Online

This class is aimed toward the patriotic student who wants to be sure they know how to properly display and care for “Old Glory”, our national flag. We will cover the contents of the U.S. flag code rules and guidelines along with the display, lighting, cleaning, and folding and storage. How do you dispose of a worn flag?

We will also discuss the history of the “Stars and Stripes”, as well as listen to what your instructor considers some of the best versions of the National Anthem and some of the other familiar and unfamiliar songs related. The care of the flag often carries over directly to State flags and we will touch on this as well.

Fri. 6/9 10:30 am-noon Campus: CYC Room 122 & **ONLINE**

Instructor: Darrell Simmerman Sessions: 1

Darrell Simmerman holds a Bachelor of Science in Education from Indiana University and a Master of Arts in Teaching from Purdue University. He has taught at multiple universities and was the developer and manager of the I.T. Training Curriculum for National Health Labs, Inc., while in Dallas. He has read the founding documents many times and remains a student of the same.



## GAMES

### GAMES – Drop in and Play Mah Jongg!

Drop in and get some Mah Jongg play time in this fun four-week class. Students need to have a good knowledge of the game as this will be actual play time. The instructor will be facilitating this class and will be available to answer your questions.

Wed. 6/7-6/28 1:30-3:30 pm Campus: CYC Room 229

Instructor: Judith Fishman

Sessions: 4

**Students will be responsible for bringing their own play cards. Mah Jongg sets (4) will be provided for play.**

Judith Fishman has been playing Mah Jongg since her teenage years. Besides playing “maj”, she has owned and operated her own retail store, founded, and led a social service organization for women, and had a home staging/decorating business.



## HEALTH/WELLNESS/LIFESTYLE

### HWL – Hawaii – An Inside View from a World Traveler

This class is the result of four trips to Hawai'i from 2011-2019 bringing together a mix of beautiful photos and lots of information. The first session will begin with the Big Island and Maui; the second session, we will visit O'ahu and Kaua'i. In Hawai'i session 1, you will see how the islands were formed and where they are going. We will visit Kona, Volcano National Park, early Polynesian sites, and Hilo on the Big Island and then on to Maui – Lahaina, I'o Valley, Haleakala, the Road to Hana and the beautiful beaches.

In Hawai'i session 2, will visit Honolulu, Pearl Harbor, the Doris Duke house, the Bishop Museum and more; then the garden island of Kaua'i with Waimea Valley, the Napali coast and a garden. Pack your bags and join us to share your experiences or if you haven't been to Hawai'i, you will want to book the next flight!

Session 1: Big Island and Maui

Session 2: Oahu and Kauai

Mon. 6/5 & 6/12 10-11:30 am Campus: CYC Room 122

Instructor: Mary Williams (\*new instructor) Sessions: 2

Mary Williams was raised in Wisconsin and received her Bachelor of Music degree from the University of Michigan. She moved to Texas in 1959 to teach music and art in DISD and piano at home. She received her M.B.A. in 1980, then worked in business, developing training programs for companies. Since her retirement in 1999, Mary has been an active member of music and peace organizations, a volunteer, student, traveler, and host for foreign visitors. She enjoys photography, learning new things, gardening, reading, speaking, and presenting programs on her travels.

### HWL-OL - Introduction to Vodka, Gin, Tequila & Rum **ONLINE**

Vodka, gin, tequila, and rum; some of our favorite cocktails are made from these spirits. In this course, we will review the ingredients, the processes, and the rules behind each of these spirits, as well as some unique attributes and anecdotes. Is vodka the tasteless neutral spirit that we think it is? What about the difference between gin and genever, or that there are many different types of gin? What's the difference between tequila and mescal? And what's with the "worm"? And finally, rum, part of the Triangle Trade in the early part of our country's history.

Come join us and share your experiences with these spirits.

Thur. 6/8-6/29 11am-12:30 pm Campus: **ONLINE**

Instructor: Greg Indelicato Sessions: 4

Greg Indelicato holds a bachelor's degree in Geology from Queens College, CUNY and a master's degree in Earth and Space Sciences from Stony Brook University (SUNY), as well as an MBA from Oklahoma City University. He holds several certifications in the wine and spirits discipline, notably WSET 1 and 2; World MasterClass of Whisky and Certified Bourbon Steward. Recently retired, Greg now pursues opportunities to share his knowledge and love of wine and spirits with his fellow enthusiasts.

*\*Photos taken by Mary Williams*



## HEALTH/WELLNESS/LIFESTYLE CONT.

### HWL-OL – Let's Move! **ONLINE**

Let's move on Zoom with a variety of exercise videos to get energized and re-vitalized for summer! We will have warmups, cool downs, upper body, and lower body workouts for strength and to improve balance, Let's Move!!

Sat. 6/3-6/24 8:30-9:30 am Campus: **ONLINE**  
Instructor: Sarita Malhotra Sessions: 4

Sarita Malhotra is a Certified Personal Trainer with a special focus on nutrition and gentle yoga. She holds a B.S. in psychology from UTD. Sarita has a passion for healthy cooking and eating and is an advocate of a healthy lifestyle for both mind and body. She practices mindfulness meditation on a regular basis and teaches practical techniques for stress management.

### HWL – Living a More Grounded Life

Are you sometimes taken away by the blowing winds of worldly events, personal upsets, or lack of focus? You are not alone! These issues can feel overwhelming. At times like these, I try to remember to push the pause button and notice how I feel. Good news is this is the first step toward becoming aware of what ungrounds us. Then we have a way to come back to center.

Bring your open mind and curiosity to this 2-part experiential class, where together we will explore easy grounding practices to recharge and refocus!

Fri. 6/23 & 6/30 11 am-noon Campus: CYC Room 304  
Instructor: Laura Sarna Sessions: 2

Laura Sarna is a certified energy healing practitioner providing energy balancing, guided imagery, and spiritual counseling as a Partner with *For the Love of Healing*. My journey has taught me to relax into this big, amazing process of becoming a better human increasingly aligned with my soul's purpose. Being in or returning to my grounded center no matter what. Isn't that something we all want? It is from this space that I am both student and teacher and share with you.



# HISTORY

## HIST - A Visit with Ebenezer Allen **\*This is a Bring Your Friend to Class!**

Ebenezer Allen is the namesake of Allen, Texas. He served as Attorney General and interim Secretary of State in President Anson Jones' cabinet. He was instrumental in obtaining statehood for Texas. He was the first elected Attorney General of the State of Texas. He obtained a charter for a railroad that became the Houston and Central Texas Railroad. Allen's living historian will speak to attendees about his life.

Thur. 6/22 10:30-11:30 am Campus: CYC Room 122

Instructor: Allen H. Mesch Sessions: 1

Allen Mesch is an author, educator, and historian. Mr. Mesch held adjunct faculty positions at UTD, SMU, and TWU. Allen taught classes on the Civil War in Collin Colleges SAIL program. He is the author of *Teacher of Civil War Generals*, "Your Affectionate Father", Charles F. Smith, "Charles A. Marvin – 'One Year, Six Months, and Eleven Days'", "Preparing for Disunion," and two novels: "The Analyst!" and "The Third Rebellion."



# HISTORY CONT.

## HIST - Custer in the Civil War

George A. Custer was primarily known for his defeat at Little Bighorn, but his role in the Civil War was far more important, particularly at Gettysburg. Join us in the lecture to learn more about his reputation and a detailed analysis of his role in the Civil War.

Wed. 6/7 & 6/14 1:30-3:30 pm Campus: CYC Room 122  
Instructor: Col. Richard Cudlipp (ret.) Sessions: 2

Richard Cudlipp is a graduate of the Naval Academy and a twenty-year veteran of the Air Force. An engineer and a history buff, he previously taught at De Vry University and Richland College. Richard has been teaching with SAIL for over 13 years.

## HIST - Federalists and Republicans in the Early Republic

In this summer class we will discuss the Constitutional Convention, Washington's Administration, Adams' Administration as well as Jefferson's Administration. We will also briefly cover the development of political parties.

Mon. 6/19 & 6/26 1:30-2:30 pm Campus: CYC Room 122  
Instructor: Clayton Cummings Sessions: 2

Clayton Cummings graduated from UNT with a master's in history. Currently, he is enrolled in the History of Ideas, Ph.D. program at U.T. Dallas, studying Colonial America, 1630-1776. Clayton has been teaching at Collin College since 2018 and teaches history. His hobbies are playing the piano and is fluent in Spanish and Dutch. He is passionate about advocating for the Kurdish people in Iraq and is knowledgeable about the Israeli Palestinian conflict and free trade.

## HIST – Franklin, Edison, and Carver – They Changed the World

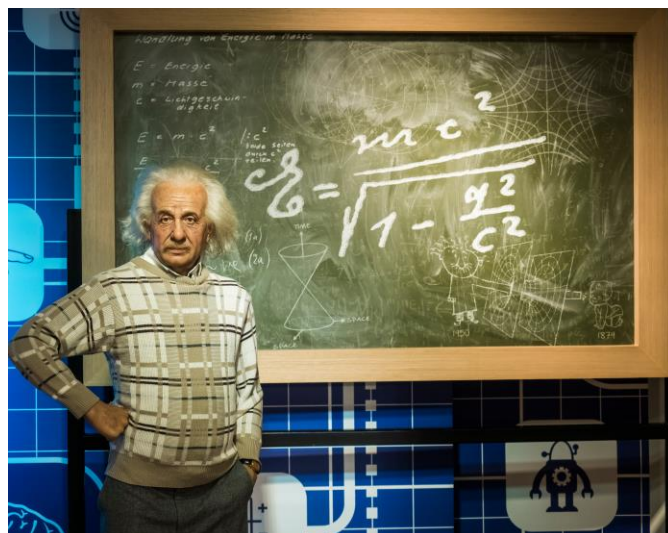
Ben Franklin, Thomas Edison, and G.W. Carver are famous, but how much do you actually know about them? These brash innovators led extraordinary lives and propelled America onto the world stage.

Ben Franklin was a scientist, oceanographer, engineer, publisher, postmaster, college president, celebrity, and (in his "spare time") a rebel and Founding Father. Thomas Edison left home at 13 to make his way in the world. He was a relentless observer. He hired the best people and drove them (and himself) hard, day and night. George Washington Carver was born into slavery on the Moses Carver farm in Missouri. He was a child prodigy, a beloved instructor at Tuskegee and a consultant to farmers, businesses, and government officials.

Join us for these inside stories!

Tue. 6/6-6/20 10-11:30 am Campus: CYC Room 422  
Instructor: Don Wolman Sessions: 3

Don Wolman is a teacher, world traveler and writer. He teaches classes in world geography, travel, history, and science. Don holds a bachelor's degree in engineering from M.I.T. and a master's degree in physics from Tufts University. He is a strong proponent of collaborative lifelong learning and volunteers as a speaker/presenter around the DFW area.



## HISTORY CONT.

### HIST – Go, Pullman: The Era of Luxury Rail Travel in America (This is an off-campus class)

**\*Students required to provide their own transportation.**

Experience history aboard a 1937 dining car as you learn about George Pullman's passenger car empire. Pullman's entrance into this industry was a new innovation in manufacturing as well as luxury and marketing. The name, "Pullman," became synonymous with style and comfort, while the impeccable service of the Porters who catered to the passengers helped to define the era of luxury rail travel.

His vision also led to the creation of a master-planned industrial community south of Chicago, where employees lived in company housing and worked in the Pullman car shops. In "Go, Pullman: The Era of Luxury Rail Travel in America," we will explore the creation of the model town, the role of Pullman Porters, and travel during the golden age of passenger train service.

Note: This class will be taught on-site at the Museum of the American Railroad in Frisco. The course will include a tour of an all-first-class passenger train including dining and parlor cars from the 1920's.

**\*Student Limit: 20 This course involves walking over uneven surfaces. Wear comfortable shoes. Limited wheelchair accessibility-please contact Museum directly for accommodations.**



Fri.                                  6/2                                  10-11:30 am                                  **Location: Museum of the American Railroad  
8004 N. Dallas Pkwy, Frisco, TX 75034**

Instructor: Melissa Johnson (**\*new instructor**)                                  Sessions: 1

Melissa Johnson is a full-time faculty member of the History Department at Collin College. Johnson earned her B.S. and M.A. from Texas Woman's University, specializing in 19<sup>th</sup> Century American and industrial history. She worked for the Museum of the American Railroad for many years, where she first began researching the Pullman Company.

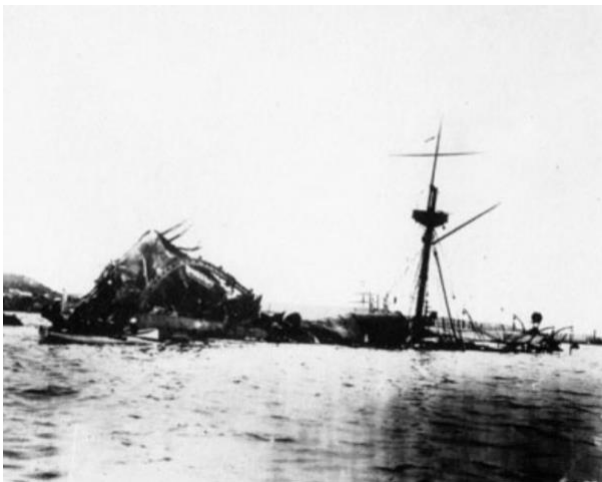
### HIST-OL – Spanish American War and U.S. Policy in Cuba **ONLINE**

This summer we will learn more about the timeline of the Spanish American War and the Cuban Revolution. We will look at how they have affected U. S. Policy and the consequences of this war.

Mon.                                  6/5 & 6/12                                  1:30-3 pm                                  Campus: **ONLINE**

Instructor: Col. JP Hogan (Ret.)                                  Sessions: 2

JP Hogan, COL-S Army (Ret) served as Armor and Cavalry officer in a variety of leadership positions for 29 years. JP is a graduate of Eastern Michigan University (B.S.), Shippensburg University (Master of Public Administration), and The United States Army War College (Strategic Studies). He is the co-founder and visionary for How2Lead.US, LLC, an experiential leader training and development company. In addition to offering Leader Development services to commercial enterprises, JP and his team support Army and USAF ROTC program leader development efforts on a pro bono basis.



## HISTORY CONT.

### HIST - Knitting, Wars and Spies, Oh My! **\*This is a Bring Your Friend to Class!**

A little lady is sitting quietly by a window, knitting, observing the daily goings on in her town – American, Belgium, French, English.... She's the picture of calm and tranquility. Perhaps...

War has been declared! The country mobilizes and manufacturers produce uniforms at breakneck speed. Mills pin threads and yarns around the clock. The cry goes up for all women to arm themselves with knitting needles to make socks and more socks, caps and mittens, scarves, and sweaters. Everyone is helping in the war effort.

And the little lady sitting quietly by the window, what exactly is she doing? Probably knitting socks. Or, maybe, just maybe, she's noting how many box cars are attached to the noon train because they're filled with guns and ammo going to enemy hands. She may be counting the number of tanks on the road headed toward the front. Maybe she's discovered the meeting place where the enemy generals will gather or when the air drop of a new radio will happen.

Knitting is an art. Knitting is also binomial-think Morse code. Knitting in clever hands can save lives and, in some cases, lives were forfeited all for the cause of freedom!

Mon. 6/19 10:30-11:30 am Campus: CYC Room 122

Instructor: Judy Algar (**\*new instructor**)

Sessions: 1

Judy Algar has a B.S. in Occupational Therapy from the University of Southern California and an M.A. from Texas Woman's University. After raising a family in Texas, she and her husband Bruce retired to South Carolina where she opened a local yarn shop in Beaufort, home to a Marine Corps Air Station and Paris Island. Encouraging her knitters to participate in local charitable projects, she discovered among other things the 100% wool caps that the local pilots wore under their helmets and these peeked her curiosity about other military knitting. Judy and Bruce recently moved back to Texas to be close to their family.



### HIST – The Whole World in One Square Inch

What do Albert Einstein, Queen Victoria, Salvador Dali, Ted Williams, President Millard Fillmore, Johnny Appleseed, and Marilyn Monroe all have in common with Icelandic volcanoes, bald eagles, rocket ships and the Rocky Mountains? They all appear on postage stamps!

In fact, postage stamps have been telling the stories of our world since 1840. You would be hard-pressed to find a dynamic person, place or event that has not already appeared on the stamps of the world.

In this tell-all class, we'll explore the secrets of these petite picturesque, perforated powerhouses. There's more than meets the eye, so join us and experience the whole world one square inch at a time!

**There will be great door prizes for all attendees!**

Tue. 6/6-6/20 1:30-3 pm

Campus: CYC Room 326

Instructor: Don Wolman (see biography-page 8)

Sessions: 3

### HIST - WWII Pacific Naval Battles

The War with Japan was fought island by island by thousands of soldiers and Marines, but it was primarily won in a series of naval battles. This is their story!

Wed. 6/21 1:30-3 pm

Campus: CYC Room 122

Instructor: Col. Richard Cudlipp (ret.) (see biography page 8)

Sessions: 1



## LITERATURE/FILM/MUSIC

### LFM - Great American Short Stories Discussion Group \*On campus & Online.

We will discuss two readings from *100 Years of the Best American Short Stories*, a volume of forty stories selected from more than 2000 that have been published in *The Best American Short Stories* series. This is the longest-running and best-selling series of short fiction in the country.

Our selection includes *The Gay Old Dog* (1917) by Edna Ferber and *Brothers* (1921) by Sherwood Anderson. *100 Years of the Best American Short Stories* (2015) is edited by Lorrie Moore and Heidi Pitlor and is available online.

Fri. 6/9 & 6/16 11:30 am-1 pm Campus: CYC Room 333 & Online

Instructor: Paul Dolliver

Sessions: 2

\*This course has recommended reading



### LFM - Summer Novel Discussion Group \*On campus & Online.

We will read and discuss *A Man Called Ove* by Fredrik Backman. Originally published in Sweden in 2012, it was recently adapted to film as *A Man Called Otto*, starring Tom Hanks. One reviewer called this global bestseller about the angry old man next door “an uplifting exploration of the unreliability of first impressions and a gentle reminder that life is sweeter when it is shared with other people”.

Fri. 6/23 11:30 am-1 pm Campus: CYC Room 333 & Online

Instructor: Paul Dolliver

Sessions: 1

\*This course has recommended reading



Paul Dolliver earned degrees in History and Geology from Baylor University. He is a geologist, Texas Master Naturalist, reader, and walker. Paul currently teaches geology courses at Hill College and Collin College, along with SAIL classes.

### LFM – The Love of Musicals

If you love to watch and/or hear music (and sometimes dancing!) of the genre and art of Musicals, this one is for you. This class is simple, just sit back and enjoy! We will be watching some of the many great presentations from Hollywood and the stage selected by the instructor. Students will also be able to suggest a favorite of their own, the requirement being it must be “PG” grade, for viewing during the final class session. This is sure to be a real ‘toe tapper’!

Thur. 6/1-6/15 11 am-12:30 pm Campus: CYC Room 229

Instructor: Darrell Simmerman (see biography page 3)

Sessions 3



# LITERATURE/FILM/MUSIC (CONT.)

## LFM – Vision of a Life: Gilead by Marilynne Robinson

Winner of 2005 Pulitzer Prize for best fiction, the book was written in the form of a letter from a father to his young son. It is the tale of a vision of life as a wondrously strange creation. Using the stream-of-consciousness style of being inside the thoughts of the narrator, the author leads the reader through a search for understanding, grace, peace, and forgiveness.

The prose is a beautiful and inspiring story of dealing with one's mortality and what one wants a child to know of one's life. The book is not divided into chapters, so read about sixty pages for each class.

Wed. 6/7-6/28 1:30-2:30 pm Campus: CYC Room 304

Instructor: Margo Hicks



Sessions: 4

\*This course has recommended reading

Margo Hicks taught high-school English for thirteen years in Houston ISD before retiring ten years ago to move to Dallas to be near her family. Before going back to teaching in 1999, she was an insurance broker for oil and gas companies and has a CPCU designation. Margo has a B.A. in English and Drama from Ouachita University and a M.Ed. from the University of Houston.

## LFM - WWII Stories Beyond History's Headlines

The British Secrets Act, national intelligence priorities, and military protection of wartime strategies contributed to relegating tales of valor, ingenuity, and innovation to the annals of history, but not to public awareness. Documentaries and an episode of *Foyle's War* offer tales of daring, imaginative outwitting the enemy, and commitment without the expectation of personal success.

Each session includes a review of a book offering an additional story that did not make history's headlines.

Tue. 6/6-6/27 11 am-12:30 pm Campus: CYC Room 122

Instructor: Dr. Janet Harris

Sessions: 4

Janet Harris, Ph.D. has taught literature and writing for over twenty-five years, coached readers, and writers in pursuing their personal goals, and reviewed books. As an editor, Dr. Harris has guided writers in publishing over 150 books. She teaches literature and creative writing and advises SMU graduate students in completing theses and dissertations. She has retired several times, the first from UT-Dallas.



# MATH/SCIENCE/TECNOLOGY

## MST – Artificial Intelligence (AI): From ChatGPT and Beyond

What is Artificial Intelligence (A.I.)? How is A.I. deployed in tools like ChatGPT, Jasper, NotionAI, Quillbot, Dall-e2 and other web-based tools. A.I. tools can assist in writing content, creating headlines, creating images from text and other applications.

What does this fastest-growing technology mean for educators, students, and professionals? We will discuss these emerging amazing technologies.

Thur. 6/1 & 6/8 1:30-3 pm Campus: CYC Room 122

Instructor: Daphne Lee

Sessions: 2

## MST-OL - Intro to Password Vaults, VPN and Antivirus Applications **ONLINE**

Explore personal online-security tools: Last Pass (Password Vault), Virtual Private Network (VPN) software, and Malware Bytes (Anti-virus application). See how effective use of these tools help keep your online identity protected.

Thur. 6/15 1:30-3 pm **ONLINE**

Instructor: Daphne Lee

Sessions: 1

I teach professionals and individuals how to use technology – mobile devices, smartphones, computers, and peripherals. My students are all “mature” adults. In addition to Microsoft networking certifications, I hold a Master of Science in Instructional Design degree from Boise State University. My goal is to increase individual performance through the effective use of technology. My husband and I have been in the Dallas area for 25 years and we have two beautiful Golden Retrievers.

## MST-OL – The History of Flight **ONLINE**

The history of aviation extends for more than two thousand years, from the earliest forms of flight such as kites and attempts at tower-jumping, then to lighter-than-air balloons. We moved on to heavier-than-air planes powered by engines, and finally to supersonic jet flights.

You will be fascinated by this journey that we humans have taken as we have solved what for centuries had been considered insurmountable problems. But certainly, not for the human mind. I look forward to seeing you at takeoff!

Tue. 6/6-6/27 11 am-12:45 pm **ONLINE**

Instructor: Dr. Herb Weinstein

Sessions: 4

## MST-OL – Inventions That Changed the World **ONLINE**

History is made not only by kings, queens, presidents, and generals, but equally by inventors and the technological powers that they unleash. This course will explore the inventions that have changed the world – from prehistoric times to the 21<sup>st</sup> century. We will start with the wheel and move to paper and printing, then to the telescope, camera, motion pictures, radio, television, and finally to satellites and cell phones.

Come join us on this exciting adventure into what the human mind has been able to create for our comfort, excitement, and enrichment.

Thur. 6/8-6/29 11 am-12:45 pm **ONLINE**

Instructor: Dr. Herb Weinstein

Sessions: 4

Herbert Weinstein, Ph.D. received his B.S. from Tufts University and a Ph.D. and Sloan Postdoctoral Fellowship at Princeton University in Chemical Engineering. After a 32-year career in industry and as a private consultant doing oilfield research, adjunct teaching at colleges and private tutoring, he chose to enter secondary education. Herb has taught math at all levels and fundamentals of computer programming at Yavneh Academy. The Hockaday School and Parish Episcopal School and is now retired after 13 years of secondary education. “I did some great things in industry, but I feel that as a teacher, I have done even greater things; making a major difference in the lives of my students-students of all ages!”





## FREQUENTLY ASKED QUESTIONS

**\*Are there requirements to join SAIL?**

If you are 55 or over and enjoy learning and meeting new people, you qualify!

**\*What types of classes are offered and who teaches the SAIL classes?**

History, literature, art appreciation, current events and lifestyle interests are just a sampling of the classes offered in SAIL. The **SAIL** instructor community includes talented presenters, college professors and business leaders with categorical expertise.

**\*What is included in my SAIL membership and how long is the summer semester?**

SAIL summer runs for the month of June. It is unlimited courses for \$25.00.

**\*Do I need to have a degree to join the SAIL program?**

No degree is required, the only requirement is a passion for learning and enrichment!

**\*When are SAIL classes held?**

SAIL classes are conveniently held Monday-Friday between 9:30 a.m. and 4:30 p.m. Collin College parking is free!

**\*Where are SAIL classes held?**

Classes will be a mix of on campus and virtual as indicated in the SAIL schedule.

**\*How do I add SAIL courses after I have registered?**

Easy! Contact the SAIL office at 972.985.3788 or email [sail@collin.edu](mailto:sail@collin.edu) and we can add any additional courses if it is available.

**\*Can I be “wait listed” for a closed course?**

Absolutely! If you tried to register for a class that is closed, notify the SAIL office and we will add you to the waitlist. You will be contacted by phone or email when a space becomes available.

**\*If there is a class cancellation or change to a class that I registered for, will I be notified?**

Sometimes, we may have a change or emergency cancellation on a class. If you have **registered** for that class, we will email you as soon as we can, so please check your emails! Registered members may attend another course of their choice, based on seat availability. Contact the SAIL office with any questions.

**\*Can I bring a guest to a SAIL class?**

Definitely! A current member can bring one guest per semester to join you in a class if an extra seat is available. Please contact the SAIL office at 972.985.3788 **prior** to bringing them to class to verify seat availability.

**\*Can I suggest a class and are there volunteer opportunities?**

Yes! We rely on our membership to keep the “sails” running smoothly. Email the sail office [sail@collin.edu](mailto:sail@collin.edu) or call us, 972.985.3789. We have various positions to fit your style and know your time is valuable. We are happy with any time offered.

**\*Are there refunds for SAIL membership?**

Sorry, there are no refunds for SAIL memberships after the semester begins.

## IN THE KNOW.....

### **SAIL Website and Facebook**

Stay on top of the latest with SAIL by going to the Collin College SAIL website or Facebook page:

**Website:** [www.collin.edu/sail](http://www.collin.edu/sail)      **Facebook:** [www.facebook.com/CollinCollegeSAIL](http://www.facebook.com/CollinCollegeSAIL)

### **Class Cancellations/Changes/Campus Closures**

If a class needs to be cancelled or changed, we do our best to notify the students that **registered** for the class as quickly as possible. A replacement class of your choice can be added, based on space availability. Please contact the SAIL office to add your name to the roster. Changes will also be posted on the SAIL bulletin board at the Courtyard Center in Plano.

**If there is a college wide emergency or closing due to inclement weather, check the college website, [www.collin.edu](http://www.collin.edu) or the SAIL website, [www.collin.edu/sail](http://www.collin.edu/sail) for details.**

### **Campus Classroom Food & Drink Reminder**



Please be considerate of other students and **do not bring food** in to the classrooms (*unless it is a designated Lunch & Learn course*). It can be messy and distracting to those around you. Students are welcome to bring a lunch or snack and visit one of the campus student lounges.

### **Classroom Comfort and Classroom Courtesy**



We recommend students bring sweaters to class as the classroom can get a bit chilly in the summer months.

Please be sure you are on time for your classes and mute your cell phone when you enter your classroom.

### **Parking**

Parking is free at Collin College! We recommend that you come early for your class to secure your preferred spot.

Please note that parking spaces fill up fast. Collin College does provide handicap parking, but these spots fill up fast as well. Please be aware that the Courtyard Center parking garage does not have an elevator.

### **Lost and Found?**

If you have left something behind at the Courtyard Center, contact:

**Courtyard Center** – SAIL office-Ste. 116 972.985.3788 or 3789, Registrar's office 972.985.3788





## SUMMER 2023 ART SUPPLY LIST

### **Basic Drawing Skill Building Online Class (Christine Smith Instructor)**

Sketchbook

Pencils

Eraser

Smudge stick

\*Approximate cost \$10.00

### **Paint With Me! Online Paint Along Classes (Christine Smith Instructor)**

4 canvas boards or canvases 12x16 or 16x20

Basic acrylic paint set – Red, deep yellow, green, blue, black & white, burnt umber, raw sienna.

Basic brush set – at least (5) different types/sizes (1-1” wide flat)

Paper plates or palette paper (for palette)

\*Approximate cost \$25.00

### **Floral Collage Painting Class (Lori Ruml Instructor)**

Canvas of your size choice

\*A \$5.00 supply fee will cover all other supplies provided.

# Collin College SAIL Campus Locations

## **Courtyard Center**

4800 Preston Park Boulevard  
Plano, TX 75093

### **Campus Map**



The Courtyard Center is conveniently located in Plano and houses Collin's Seniors Active in Learning (SAIL), the Continuing Education and Workforce Development department, the Center for Workforce and Economic Development (CWED), Collin Corporate College, Health Sciences and Collin Small Business Development Center (SBDC).

## **Celina Campus**

2505 Kinship Parkway  
Celina, TX 75009  
469.905.3590

### **Campus Map**



The 96,000 square foot facility sets on approximately 75 acres, the Celina Campus provide a quality education experience for northwestern Collin County.

## **Farmersville Campus**

501 S. Collin Parkway  
Farmersville, TX 75442  
972.549.6490

### **Campus Map**



Located on a 76-acre site at the corner of Audie Murphy Parkway (U.S. 380) and County Road 611, the Collin College Farmersville Campus provides convenient access to higher education facilities for the residents of Farmersville and eastern Collin County. The first building, an approximately 52,000-square-foot facility, is designed to accommodate 1,250 learners.

## **Wylie Campus**

391 Country Club Road  
Wylie, TX 75098

### **Campus Map**



Sitting on just under 100 acres, with approximately 44 acres donated by the city of Wylie, the new Wylie Campus is located along Country Club Road across from the Wylie Municipal Complex. Phase one of the Wylie Campus development includes three multi-story instructional buildings that function as the Library, Campus Commons, and Student Center with conference center facilities.



# ZOOM TIPS & TRICKS

**Zoom is a web conferencing platform that is used for audio and/or video conferencing.** You do NOT need an account to participate in a Zoom session. You will be prompted to download the Zoom application if you haven't already (only needed once per device or computer)

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## **Create a Virtual Learning Folder for Your Class Links**

If you are registered for a SAIL virtual class, your instructor or the SAIL office will email the link to you a few days before your class begins.

**SAVE** this link in a convenient place, so you can access it for the next class.

## **Joining a Zoom Meeting**

How do I join on a **Desktop or Laptop Computer?** [CLICK HERE](#)

How do I join by **Telephone?** [CLICK HERE](#)

How do I join using the **App?** [CLICK HERE](#)

## **Sharing a Virtual Link**

We love to share information with our friends and family, but in order to keep the privacy of registered students and prevent “Zoom Bombing”, please do not share the link with anyone.

If you know a SAIL student that would like to join additional classes, they can contact the SAIL office at 972-985-3788 to be added to the class roster. We will be happy to email the link!

## **Zoom Resources**

Please click on the links below, to be directed to Zoom Help Page

- [Getting Started](#)
- [Audio, Video, Sharing](#)
- [Zoom Rooms](#)
- [Video Tutorials](#)
- [Zoom App for iOS](#)
- [Zoom App for Android](#)
- [Zoom Privacy Policy](#)
- [Preventing Zoom Bombing](#)

<https://zoom.us/privacy>